History of the FRIENDS

- The FRIENDS of the Longmont Senior Center, Inc. was established in 1981 and is registered as a 501(c)(3) non-profit organization.

- The FRIENDS promoted and spearheaded a major expansion by raising $350,000 for a 1987 expansion of the Senior Center. Over 4,000 square feet for a home delivery kitchen, offices and daily lunch dining area plus a health clinic and a volunteer services office were added.

- Since 1981, the FRIENDS have donated over $565,000 to support the Longmont Senior Center. Donations included:
  - $75,000 for the 2001 / 2002 expansion
  - Over $15,000 for medical, caregiver, counseling & other support services.
  - Over $10,000 in furniture & office equipment.
  - Over $50,000 in 2008 supporting services, activities scholarships, facility needs, Outreach, information and assistance.

- Current Members:

  Michael Bellmont, Joe Busacca,
  Wilma Cocannouer, Ed Evans,
  Thomas Joyce, Mitchy Lenihan,
  Tom McCoy, Jim Nason, Fred Schulerud,
  John Shetter, Hans Storz and Glenn Wright

- Contact:

  Michele Waite, Manager, Senior Services
  303 651 8415 - direct line
  303 651 8411 - front desk
  303 651 8413 - fax

http://www.ci.longmont.co.us/sen_ctr/index.htm

Funding Priorities

The FRIENDS of the Longmont Senior Center provide funds for:

FACILITY ENHANCEMENTS by funding capital improvements, audio/visual and computer equipment, furniture and furnishings.

PROGRAM ENHANCEMENTS by funding recreation, health and other programs sponsored by the Longmont Senior Center.

SUPPORT SERVICES by contributing funds for program scholarships, caregiver support and other support programs for older adults and their families.

CULTURAL PROGRAMS by hosting lectures, performances or demonstrations in the arts, humanities and sciences.

UNBUDGETTED ITEMS by funding items not included in the Longmont City Senior Services annual budget.

Donations to the FRIENDS are recognized in the Senior Center newsletter, Donor Book, on the Giving Tree, and with plaques as appropriate.

An Investment in Programs & Services for Longmont's Senior Adults

The FRIENDS of the Longmont Senior Center, Inc. was created in 1981 to enhance community awareness and support of the Longmont Senior Center. By creating additional support throughout the community, the FRIENDS can ensure that quality programs and services are available to all of Longmont's older adults and their families.

The FRIENDS of the

Longmont Senior Center, Inc.
P.O. Box 313
Longmont, CO 80502
(303) 651-8415

Friends of the Longmont Senior Center

THE FRIENDS

28 YEARS OF CONTRIBUTION!

What We Do

The FRIENDS promotes interest in the activities of and raises funds for the Longmont Senior Center in support of needed un-funded services and facilities.

Scholarships

The FRIENDS funds scholarships for older low income adults. A recipient may obtain up to $75 yearly toward Senior Center activity program fees or a Senior Center newsletter subscription. Contact a Senior Center staff member for information.

How You Can Help

Below are listed some examples of the many ways you can support the work of the FRIENDS and the older adults in our community.

- **Make a cash or check donation to the FRIENDS.**
- **Designate The FRIENDS as a recipient of a gift in honor of someone.**
- **Designate The FRIENDS as a recipient of a gift in memory of a loved one who has passed away.**
- **Designate gifts of appreciated stocks and bonds to The FRIENDS.**
- **Assign existing or new life insurance policies and/or name The FRIENDS as a beneficiary.**
- **Name The FRIENDS as a beneficiary in a will.**
- **Designate IRA Rollover to The FRIENDS for donors that are 70 1/2 years old with excess retirement assets.**
- **Designate a charitable Lead trust to direct interest income to The FRIENDS for a specific period of time.**
- **Give a Charitable Gift Annuity to The FRIENDS.**
- **Give a Charitable Remainder Trust to The FRIENDS.**

These suggestions may also provide tax advantages to the donor. Be sure to contact your financial advisor for details.

Senior Center Programs & Services

Address Basic Needs

- **Daily lunches (Monday through Friday) with great food in a friendly environment and the distribution point for home delivered meals.**
- **Information, referral and assistance to insure access to resources.**

Optimize Physical, Mental Health and Wellbeing

- **Programs that promote mind and body health such as wellness education classes, health assessments and clinics, hands-on treatment, and wellness related activities such as tai chi, aerobics, fitness classes, and strength training.**
- **Outdoor and sports activities including skiing, hiking, golf, volleyball, paddleball, softball and snowshoeing.**
- **Counseling services provided via one on one sessions and support groups.**

Promotes Social and Civic Engagement

- **Programs that promote creative expression and lifelong learning, activities for enjoyment, cultural experiences, and ways to meet others that include: computer classes, day trips, and a variety of drop in activities; (billiards, knitting, bridge & more).**
- **Promotion and utilization of volunteers in the development and implementation of Senior Center activities.**
- **Advocacy for older adult participation in community life.**

Maximizes Independence & Support for Caregivers

- **Support and education for adults of all ages who may be involved with care of an older person.**
- **Advocacy for individuals and within the community to be a community in which all age well.**

FRIENDS **OF THE LONGMONT SENIOR CENTER, INC.** Federal Tax I.D. #84-0860782

Contribution $ _____ I would like to designate my donation to the following fund:
General Fund (unrestricted use) Cultural Endowments Programs Scholarships
I would like the name in the donor book and Senior Center newsletter to read:

Name _____ **Date** _____

Address _____ **Phone** _____

Please return this form to:

FRIENDS **of the Longmont Senior Center, Inc.**
P.O. Box 313
Longmont, CO 80502-0313

Please contact me about designating The FRIENDS in one of the contribution alternatives described herein.