

29th Annual

# LONGMONT TRIATHLON

Sunday, May 31, 2009

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**LONGMONT  
KIDS**

**ONLY TRIATHLON**  
SATURDAY, MAY 30, 2009

## NEED VOLUNTEERS!

The 29<sup>th</sup> Annual Longmont Triathlon and Longmont Kids Only Triathlon is in need of volunteers to work at water stations, cheer, be course marshals, cheer, be swimming lap counters and CHEER on those great athletes! All volunteers will receive a **cool commemorative event T-shirt, credit for Community Service hours (if needed) and munchies!**

*All ages are welcome to volunteer. Children under the age of 14 must have adult volunteering with them.*

**To volunteer or for more information contact:**

Sara Stewart

[sara.stewart@ci.longmont.co.us](mailto:sara.stewart@ci.longmont.co.us)

303-774-4771

### **LONGMONT KIDS ONLY TRIATHLON**

**Date:** Saturday, May 30, 2009

**Time:** 7am to 11am

**Check in:** Volunteer Booth

**Location:** Centennial Pool  
1201 Alpine Street  
Longmont, CO

### **LONGMONT TRIATHLON**

**Date:** Sunday, May 31, 2009

**Time:** 6:15am to noon

**Check in:** Volunteer Booth

**Location:** Centennial Pool  
1201 Alpine Street  
Longmont, CO