



The SCOPE

(Supportive, Captivating, & Original Programs & Experiences)

This Program encourages people of all abilities to participate in recreational programs and activities. The mission of SCOPE is to provide specialized support and recreational opportunities to people with disabilities. Our vision is to enrich lives and create experiences that are memorable, empowering, fun and safe for all participants.

Scope: Bowling

This program is designed to give each participant an opportunity to continue a leisure activity skill that provides fun and excitement for years to come. Participants should have a basic knowledge of bowling because no instruction is given. Each bowler will be participating at his/her own pace. An additional fee of \$1.00 will be collected from each bowler per week for 2 games to Centennial Lanes.

8 to Adult: Sept 8-Nov 17, Thurs, 3-4 pm Code: 3000.411
 Location: Centennial Bowling Lanes, 110 E 9th Ave
 Fee: \$15 resident/\$18.75 non-resident

Special Olympics Swimming Prep

Special Olympics Prep offers instruction and training to prepare for Special Olympics Swimming season and competition.

8 to Adult: Sept 9-Nov 18, Fri, 5:30-6:30pm Code: 6010.401
 Location: Centennial Pool, 1201 Alpine St
 Fee: \$40 resident/\$50 non-resident

Scope-Volleyball

This program offers instruction and training for competition in the Special Olympics Volleyball.

8 to Adult: Sept 13-Nov 15, Tues, 7-8pm Code: 3003.400
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$15 resident/\$18.75 non-resident

Scope: Introduction to Drumming for Health

This introduction to drumming is fun, easy and accessible to anyone. The Djembe drum from West Africa is the drum of choice, and drums are provided. Simple rhythms will be presented slowly and patiently.

14 to Adult: Tuesdays, 5:15 -6:15 pm
 Dates: Sept 6 Code: 3039.400
 Oct 4 Code: 3039.401
 Nov 1 Code: 3039.402
 Dec 6 Code: 3039.403

Instructor: Gregg Hansen
 Location: Izaak Walton Clubhouse, 18 S Sunset
 Fee: \$9.50 resident/\$11.85 non-resident

Scope Parties!

Ages: 8 years to Adult
 Location: Senior Center, 910 Longs Peak Ave
 Fee: \$5 resident/\$6.25 non-resident

Karaoke/Wii Night

Get your groove on, and sing along to your favorite tunes or play Wii Michael Jackson: The Experience. It is a motion-controlled rhythm game that aims to have players singing and dancing along with the King of Pop, on more than two dozen of his biggest hits. Players move their Wii Remotes in time with the music, following on-screen cues. Come join the fun!



Date/Time: Sept 26, Mon, 7-8:15pm Code: 3019.400

Halloween Costume Party

Come in costume! Enjoy Dancing to Thriller, Karaoke, refreshments, and make crafts! Contest for best costume!

Date/Time: Oct 24, Mon, 7-8:15pm Code: 3018.401

60's Flower Power Party

Hippies embraced the symbolism of the 60's by dressing in clothing with embroidered flowers and vibrant colors, tie dyed shirts, wearing flowers in their hair, and distributing flowers to the public, becoming known as flower children. Come enjoy the music of the 60's like the Beatles, Mamas and Papas, Beach Boys, and Rolling Stones. Dress the part and win a prize! Best costume and best tie dye!

Date/Time: Nov 14, Mon, 7-8:15pm Code: 3011.400

Holiday Party

Get in the spirit of the holidays! Come see the beautiful lights in Roosevelt Park, make some holiday crafts and decorate cookies to take home. Indulge in some holiday tunes, cookies and hot chocolate as well!

Date/Time: Dec 12, Mon, 7-8:15pm Code: 3011.100

NEW!

Tumbling Toddlers

Get toddlers moving and explore basic gymnastics movements in a fun and engaging setting. This parent child class allows you to enjoy one on one time with your walking little one as we learn coordination through games and fun gymnastics activities. Please remember changing bag. *No class Nov 22 or 23.



1 to 2 years: Tuesdays, 9:15-10am Code:
 Date/Fee: Sept 6-27 \$32 res/\$40 non-res 4821.400
 Oct 4-25 \$32 res/\$40 non-res 4821.401
 Nov 1-29* \$32 res/\$40 non-res 4821.402

1 to 2 years: Wednesdays, 11:15 - 12pm Code:
 Date/Fee: Sept 14-28 \$24 res/\$30 non-res 4821.410
 Oct 12-26 \$24 res/\$30 non-res 4821.411
 Nov 9-30* \$24 res/\$30 non-res 4821.412

Instructor: Linda Pellett
 Location: St Vrain Memorial Building, 700 Longs Peak Ave

Parents- our observation area is very limited. Parents may wait in front lobby and observe class on a computer monitor. Quick Fit is for parents while their child is in a tumbling class. The Memorial Building Weight Room Quick Fit is only \$2 payable at the front desk prior to your quick workout.

Kanga and Roo for Twos Tumbling

Come have fun with your little one while they learn to tumble. We will be jumping, stretching and learning basic tumbling skills in a fun and energetic way your child will love! Enjoy one on one time while your child learns gymnastics with the instructor. Child does not have to be potty trained but please remember changing bag and water bottle. This is a parent/child class. *No class Nov 21,23 or 24.

2 to 3 years: Mondays, 5:15-6pm Code:
 Date/Fee: Sept 12-26 \$24 res/\$30 non-res 4822.400
 Oct 3-24 \$32 res/\$40 non-res 4822.401
 Nov 7-28* \$24 res/\$30 non-res 4822.402
 Dec 5-19 \$24 res/\$30 non-res 4822.100

2 to 3 years: Wednesdays, 6:15-7pm
 Date/Fee: Sept 14-28 \$24 res/\$30 non-res 4822.410
 Oct 12-26 \$24 res/\$30 non-res 4822.411
 Nov 9-30* \$24 res/\$30 non-res 4822.412

2 to 3 years: Wednesdays, 10:15-11am
 Date/Fee: Sept 14-28 \$24 res/\$30 non-res 4822.430
 Oct 12-26 \$24 res/\$30 non-res 4822.431
 Nov 9-30* \$24 res/\$30 non-res 4822.432

2 to 3 years: Thursdays, 9:15-10am
 Date/Fee: Sept 8-29 \$32 res/\$40 non-res 4822.415
 Oct 6-27 \$32 res/\$40 non-res 4822.416
 Nov 3-Dec 1* \$32 res/\$40 non-res 4822.417
 Dec 8-22 \$24 res/\$30 non-res 4822.115

Instructor: Linda Pellett
 Location: St Vrain Memorial Building, 700 Longs Peak Ave

Jumping Joeys Tumbling

Jumping Joeys Tumbling class is a wonderful way to introduce your child to gymnastics. Your child will learn beginning gymnastics in a fun, interactive class designed specifically with the preschooler in mind. Stretching, mat work, spring-board and basic tumbling will all be covered. Child should be potty-trained. *No class Nov 21, 22, 23, or 24.

3 to 4 years: Mondays, 9:15-10am Code:
 Date/Fee: Sept 12-26 \$24 res/\$30 non-res 4819.440
 Oct 3-24 \$32 res/\$40 non-res 4819.441
 Nov 7-28* \$24 res/\$30 non-res 4819.442
 Dec 5-19 \$24 res/\$30 non-res 4819.140

Day/Time: Tuesdays, 11:15am-12pm
 Date/Fee: Sept 6-27 \$32 res/\$40 non-res 4819.400
 Oct 4-25 \$32 res/\$40 non-res 4819.401
 Nov 1-29* \$32 res/\$40 non-res 4819.402
 Dec 7 - 21 \$24 res/\$30 non-res 4819.100

Day/Time: Tuesdays, 5:15-6pm
 Date/Fee: Sept 6-27 \$32 res/\$40 non-res 4819.410
 Oct 4-25 \$32 res/\$40 non-res 4819.411
 Nov 1-29* \$32 res/\$40 non-res 4819.412
 Dec 7 - 21 \$24 res/\$30 non-res 4819.110

Day/Time: Wednesday, 9:15-10am
 Date/Fee: Sept 14-28 \$24 res/\$30 non-res 4819.430
 Oct 12-26 \$24 res/\$30 non-res 4819.431
 Nov 9-30* \$24 res/\$30 non-res 4819.432

Day/Times: Wednesdays, 5:15-6pm
 Date/Fee: Sept 14-28 \$24 res/\$30 non-res 4819.420
 Oct 12-26 \$24 res/\$30 non-res 4819.421
 Nov 9-30* \$24 res/\$30 non-res 4819.422

Advanced Jumping Joeys

Advanced classes are available. Permission required by the Instructor.

Instructor: Linda Pellett
 Location: St Vrain Memorial Building, 700 Longs Peak Ave

Kicking Kangas Tumbling

Kicking Kangaroo's Tumbling class is a wonderful way to introduce your child to gymnastics. Your child will learn beginning gymnastics in a fun, interactive class designed specifically with the preschooler in mind. Stretching, mat work, spring-board and basic tumbling will all be covered.

5 to 6 years Mondays, 10:15-11am Code:
 Date/Fee: Sept 12-26 \$24 res/\$30 non-res 4820.420
 Oct 3-24 \$32 res/\$40 non-res 4820.421
 Nov 7 - 28* \$24 res/\$30 non-res 4820.422
 Dec 5-19 \$24 res/\$30 non-res 4820.120

5 to 6 years: Mondays, 6:15-7pm
 Date/Fee: Sept 12-26 \$24 res/\$30 non-res 4820.400
 Oct 3-24 \$32 res/\$40 non-res 4820.401
 Nov 7-28* \$24 res/\$30 non-res 4820.402
 Dec 5-19 \$24 res/\$30 non-res 4820.100

Advanced Kicking Kangas

Advanced classes are available. Permission required by the Instructor.

Instructor: Linda Pellett
 Location: St Vrain Memorial Building, 700 Longs Peak Ave

Thank You Volunteers!

We would like to thank the following special people for donating their time and talents to make a difference in the lives of the special people in our programs:

Connie Johnson, Joe Brooks, Terri Jansen, Tom DeHerrera, all of the Softball for All volunteers, Michelle Craig, Ben Keith, Elizabeth Jackson, Dean Johnson, Jess and Waylon Cosner, Mark Powell, Russ Ray, Jim Keller, Lennie Steinman, all of the Unified Softball partners, Edward & Trudy Navarro for the great softball pictures, Meining Automotive, People First, Germany Law, Cindy Haeefe, Roxie Olson, Julie Markiewicz, Danette Anderson, all of the swimming volunteers, Bill Palmer, the wonderful staff at Centennial Lanes, and everyone who so kindly supports the programs and activities of people with special needs. **Interested in volunteering? Call 303-651-8394.**

Boys Endurance, Strength and Tumbling

Kicking Kanga class designed especially for boys! This class helps build strength and endurance while learning basic tumbling skills. Class includes stretching, basic tumbling, mat work, spring board and more. *No class Nov 22.

5 to 6 years: Tuesdays, 10:15-11am
 Date/Fee: Sept 6-27 \$32 res/\$40 non-res 4823.400
 Oct 4-25 \$32 res/\$40 non-res 4823.401
 Nov 1-29* \$32 res/\$40 non-res 4823.402
 Dec 7 - 21 \$24 res/\$30 non-res 4823.100

5 to 6 years: Tuesdays, 6:15 - 7pm
 Date/Fee: Sept 6-27 \$32 res/\$40 non-res 4823.410
 Oct 4-25 \$32 res/\$40 non-res 4823.411
 Nov 1-29* \$32 res/\$40 non-res 4823.412
 Dec 7 - 21 \$24 res/\$30 non-res 4823.100

Instructor: Linda Pellett
 Location: St Vrain Memorial Building, 700 Longs Peak Ave

Itty Bitty City

Snow or Shine, our toys are divine! Kids ages 6 mo to 5 years have lots of room to run and play! Parents must supervise their children. Please, no older children. No fee for babies. Look for Tuesdays to start in January.

Ages: 6 months to 5 years with a parent
 Day/Time: Sept 9-Nov 18, Fridays, 9-11am
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$2 per child; 10 Visit Pass \$17

NEW!

SideKicks Tae Kwon Do

In this introduction to Martial Arts young children will improve their balance, coordination, and positive learning skills (such as listening, concentrating, and understanding the value of practice) by focusing on basic martial arts techniques. Uniform provided with first monthly fee. For information call 303-684-5846.

4 to 6 years: Mon & Wed, 3:30-4:15pm
 Dates: Sept 7-Sept 28 Code: 4650.431
 Oct 3-27 Code: 4650.432
 Oct 31-Nov 30 Code: 4650.433
 Dec 5-28 Code: 4650.434

Instructor: Longmont Martial Arts Academy
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$35 resident/\$43.75 non-resident

“Cantamos”

“Cantamos” is a Parent/ Child music class in Spanish for Spanish speakers or bilingual children. In this class we will sing, dance, play instruments, and read books. *No class Nov 25.

1½ to 3 years: Fridays, 11-11:30am
 Dates: Sept 9-30 Code: 4500.440
 Oct 7-28 Code: 4500.441
 Nov 4 - Dec 2* Code: 4500.442

Instructor: Cintia Ciorciari
 Location: Longmont Recreation Center, 310 Quail Rd
 Fee: \$25 resident/ \$31.25 non-resident

Fun Spanish

Come and have fun learning Spanish in a interactive class where children will be singing songs, reading books, dancing, playing games and making crafts. This is a drop-off class designed for little ones. *No class Sept 19, Nov 22 or 25.

2 to 3 years: Fridays, 10-10:45am
 Dates: Sept 9 - 30 Code: 4500.430
 Oct 7-28 Code: 4500.431
 Nov 4 - Dec 2* Code: 4500.432
 Fee: \$32 resident/ \$40 non-resident

4 to 5 years: Mondays, 10-10:45am
 Dates: Sept 12-Oct 3* Code: 4500.410
 Fee: \$24 resident/ \$30 non-resident
 Dates: Oct 10-31 Code: 4500.411
 Nov 5-Dec 5* Code: 4500.412
 Fee: \$32 resident/ \$40 non-resident

Instructor: Cintia Ciorciari
 Location: Longmont Recreation Center, 310 Quail Rd

Musicare Sing-a-long

Through singing, body movement, drumming and the introduction of a variety of instruments and activities, children learn the basics of music, while practicing age appropriate social and motor skills. All instruments and materials are provided. Second child discount applies to siblings only. A parent/child class.

1 to 5 years: Wednesdays, 11:15-12:05am
 Dates: Sept 7-28 Code: 4835.400
 Oct 5-26 Code: 4835.401
 Nov 2-30 Code: 4835.402

Instructor: Kelye L. Lotz
 Location: Longmont Recreation Center, 310 Quail Rd
 Fee: \$40 resident/ \$50 non-resident
 2nd child Fee: \$20 resident/ \$25 non-resident

Terrific Twos

This class is geared for the 24-36 month old child and an adult to spend quality time together. Class will include songs, finger plays, art projects and the opportunity for your child to learn social skills while in a play environment. There will be different activities each session. Please pay \$4 for additional siblings who drop in class.

2 to 3 years: Fridays, 9-10am
 Dates: Sept 9-Oct 14 Code: 4831.401
 Oct 21-Nov 18 Code: 4831.403
 Fee: \$30 resident/ \$37.50 non-resident

Autumn Apples

We are apple printing, stamping and so much more in this fun filled hour. We will read Johnny Applesed and learn about different types of apples. A parent/child class.

2 to 5 years: Sept 24, Sat, 10-11am Code: 4831.456
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$6.50 resident/ \$8.25 non-resident



Mommy & Me Intro to Horses & Riding

Geared towards parent and their preschooler, the clinic includes safety discussions, hands-on time brushing and grooming gentle horses, and a turn to ride a horse with parent leading the horse. Important Safety Rules: No younger siblings in strollers or worn in carriers. Parent must remain with child and be very hands on at all times. Wear closed shoes and long pants. Riding Helmets are provided.

2 to 5 years: Sept 8, Thurs, 10-11:30am Code: 4733.430
 Sept 14, Wed, 10-11:30am Code: 4733.431
 Location: Sun Pony Ranch, 18490 County Rd 1
 Fee: \$40 resident/ \$50 non-resident

Busy Builders

This parent/child class will be hands on with basic tools and wood. Create and play in this workshop geared for busy hands. Clamp, saw, hammer, and create in the construction cone zone. Lego blocks and wood toys will be on hand in this informal environment.



3 to 5 years: Sept 23, Fri, 10:30-11:15am Code: 4870.401
 Oct 28, Fri, 10:30-11:15am Code: 4870.402
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$7 resident/\$8.75 non-resident

Creepy, Crawly, Critters

Come create these very special spooky critters with your preschooler for Halloween. We will make crafts while listening to music and stories. Wear your messy clothes for this fun time. A parent/child class.

2 to 5 years: Oct 22, Sat, 10-11am Code: 4831.455
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$6.50 resident/ \$8.25 non-resident

Small Wonders Preschool

Small Wonders is licensed with the State of Colorado. Our program is designed to offer a variety of developmentally appropriate activities that help each child develop to his/her fullest... socially, emotionally, physically, creatively and cognitively. Classes follow the St Vrain School District calendar for holidays and school breaks. Tuition is based on a full school year and is divided evenly through the nine months. May's 2012 tuition is collected at the time of registration. For additional questions, please call 303-774-4757 or visit our web site at www.ci.longmont.co.us/rec/childrens/small_wonders.htm

Fun Time Escape

Age: 3 years old by Sept 30, 2011
 Dates: 8/29/2011-5/18/2012
 Time: 9-11:30am
 Days: Mon/Wed option or Tues/Thurs option
 Fee: \$100/month res & \$125/month non-res
 Location: St Vrain Memorial Building, 700 Longs Peak Ave

Little Learners

Age: 4 years old by Sept 30, 2011
 Dates: 8/29/2011-5/18/2012
 Time: 12:15-2:45pm
 Days/Fees: Tue/Thurs option: \$100/month res or \$125/month non-res
 Mon/Wed/Fri option: \$140/month res or \$175/month non-res
 Location: St Vrain Memorial Building, 700 Longs Peak Ave

Little Chefs

Kids love to help in the kitchen. We will prepare and explore a variety of yummy foods in this fun and interactive class. Please let us know in advance of any food allergies. Each class kids will make different recipes.

3 to 5 years: Fridays, 10:30 -11am
 Dates: Sept 16 Code: 4915.440
 Oct 7 Code: 4915.441
 Nov 4 Code: 4915.442
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$12 resident/\$15 non-resident

Chilaxed Children

Enter a wonderful world of imagination and relaxation. Relaxation techniques can help with anger management, sleep problems, anxiety and self-esteem. Children will learn simple meditations, breathing exercises and visualizations. Enjoy a story and a craft in this relaxing environment. Please wear comfortable clothing and bring a favorite blanket. *No class Sept 19, Nov 21 or 23.

4 to 5 years: Mondays, 11-11:45am
 Dates: Sept 12-Oct 3* Code: 4832.401
 Fee: \$26 resident/ \$32.75 non-resident
 Dates: Oct 10-31 Code: 4832.402
 Nov 7-Dec 5* Code: 4832.403
 Fee: \$35 resident/ \$43.75 non-resident

5 to 7 years: Wednesdays, 4:15-5pm
 Dates: Sept 14-Oct 5 Code: 4832.410
 Fee: \$26 resident/ \$32.75 non-resident
 Dates: Oct 12-Nov 2 Code: 4832.411
 Nov 9-Dec 7* Code: 4832.412
 Fee: \$35 resident/ \$43.75 non-resident

Instructor: Karyn Sullivan
 Location: Longmont Recreation Center, 310 Quail Rd

