

### CARA Fall In-Line Hockey

An organized team participation program for boys and girls in grades 3-8. The emphasis of the program is placed on fun and participation. Teams will practice 2 hours per week. Times, days and location of practices will depend on coach's availability. Games will be played in Longmont or surrounding communities on Saturdays. Registration Deadline is Sun, Aug 7. Mandatory Equipment: In-Line skates, stick, HECC helmet, hip girdle, mouthpiece, kneepads, elbow pads, hockey gloves, and shin guards.

Aug 15-Oct 22 Grades: 3-5 Code: 2019.301  
 Grades: 6-8 Code: 2019.302  
 Grades: 9-12 Code: 2019.303  
 Fee: \$65 resident/\$81.25 non-resident



### Fall Youth Volleyball

An organized team participation program for youth in grades 3-8. The emphasis of the program is placed on teamwork, sportsmanship, skill development, fun and participation. All teams will play an 8 game schedule with practice two hours per week. Registration Deadline is Aug 28. Games begin Sept 17.

Sept 6-Nov 5 Grades: 3&4 Code: 2022.401  
 Grades: 5&6 Code: 2022.402  
 Grades: 7&8 Code: 2022.403  
 Fee: \$65 resident/\$81.25 non-resident

### Youth Tennis Lessons

Lessons are for beginner or advanced beginners and are one hour in length (with the exception of 4-6 year olds, which are 1/2 hour in length). Please wear tennis shoes and bring a racket and water bottle. Balls will be provided.

Location: Hover Tennis Courts, 1361 Charles Dr  
 Fee: Ages 4-6: \$22.50 resident/\$28 non-resident  
 Ages 7-17 \$45 resident/\$56.25 non-resident

Dates/Days: **Aug 23 – Sept 8, Tue & Thurs**  
 Ages 4-6 4-4:30 pm Code: 2021.401  
 Ages 7-9 4:30-5:30 pm Code: 2021.410  
 Ages 10-12 5:30-6:30 pm Code: 2021.412  
 Ages 13-17 6:30-7:30 pm Code: 2021.414

Dates/Days: **Sept 20 – Oct 6, Tue & Thurs**  
 Ages 4-6 4-4:30 pm Code: 2021.402  
 Ages 7-9 4:30-5:30 pm Code: 2021.411  
 Ages 10-12 5:30-6:30 pm Code: 2021.413  
 Ages 13-17 6:30-7:30 pm Code: 2021.415

### CARA Cross Country

The CARA Cross Country program exposes participants to running long distance in a recreational atmosphere. Participants will have the opportunity to gain exposure to and compete in a meet appropriate to age and skill level. Practices are coed and held on 2-3 times per week. Optional meets will be held on Saturdays and/or Sundays. You must provide a copy of a birth certificate at time of registration (or at first practice if registering on-line).



9 to 14 years:  
 Sept 7-Oct 14, M/W/F, 5-6pm Code: 2016.400  
 Location: Sandstone Ranch Turf Fields, 3100 E Highway 119  
 Fee: \$35 resident/\$43.75 non-resident

### NFL Punt Pass & Kick Competition – FREE!

Plan now for the exciting 2011 NFL Punt, Pass & Kick Competition, co-sponsored in Colorado by the Colorado Parks and Recreation Association and hosted by the City of Longmont Recreation Services. Participants will compete with boys or girls their age in three football skills (punt, pass & kick) in four age groups: 6-7, 8-9, 10-11, 12-13 and 14-15 (age as of December 31, 2011). Winners in each age and gender advance through sectional and team (Broncos) competition with six winners selected for the national competition held at an AFC Playoff game. The local competition will be held at Sandstone Ranch Community Park, 3001 E. Hwy 119.

6 to 15 years:  
 Saturday, Sept 10, competition begins at 9am  
 Fee: FREE

### Beginner Archery

Beginner Archery allows you to have fun while learning a new skill in an outdoor setting. You will learn shooting skills, safety, scoring, types of equipment and terminology. Archery is an Olympic sport that teaches discipline and concentration. Tom Adjutant is a nationally certified Archery instructor. All equipment will be provided.

\*No class on Sept 27.

10-17 years:  
 Sept 6-Oct 4\*, Tue, 5-6pm Code: 2035.403  
 Location: St Vrain Archery Club, South of Hwy 119 on WCR 5  
 Fee: \$35 resident/\$43.75 non-resident

### Intermediate Archery

Learn multiple aiming techniques, how to avoid bad habits, and the fundamentals of tournament archery. You will have the opportunity to compete with your classmates in a fun outdoor environment. This class is limited to 8 students to provide for personalized instruction. All equipment will be provided. \*No class on Sept 28.

10 to 17 years:  
 Sept 7-Oct 5\*, Wed, 5-6:30pm Code: 2035.313  
 Location: St Vrain Archery Club, South of Hwy 119 on WCR 5  
 Fee: \$50 resident/\$62.50 non-resident

### Preschool Sports Clinics

These preschool clinics will focus on FUN, including basic ball handling, passing, catching, hitting, dribbling and scoring skills for preschoolers. Come in, socialize and enjoy a workout while the little one burns some energy.  
3 to 5 years: 10:30-11:15am

#### Soccer:

Sept 12–Oct 3	Mondays	Code: 2037.411
Sept 14–Oct 5	Wednesdays	Code: 2037.412
Oct 11–Nov 1	Tuesdays	Code: 2037.413
Oct 13–Nov 3	Thursdays	Code: 2037.414

#### T-Ball:

Sept 13–Oct 4	Tuesdays	Code: 2037.401
Sept 15–Oct 6	Thursdays	Code: 2037.402
Nov 7–28	Mondays	Code: 2037.403
Nov 9–30	Wednesdays	Code: 2037.404

#### Basketball:

Oct 10–31, Mondays		Code: 2037.420
Oct 12–Nov 2	Wednesdays	Code: 2037.421
Nov 8–29	Tuesdays	Code: 2037.422
Nov 10–Dec 1	Thursday	Code: 2037.423

Location: Longmont Recreation Center, 310 Quail Road  
Fee: \$25 resident/\$31.25 non-resident

### YAB Kindergarten Basketball

This program is an organized team participation program for Kindergarten girls and boys. The emphasis of the program is placed on teamwork, sportsmanship, skill development and fun! Teams will meet 6 times and will not include games. Each participant will receive a t-shirt and a basketball.

Date/Day: Oct 7–Nov 11, Fridays  
Times: 3:30–4:15pm Code: 2011.420  
4:15–5pm Code: 2011.421

Location: Longmont Recreation Center, 310 Quail Rd  
Fee: \$40 resident/\$50 non resident

### YAB 1st-2nd Grade Basketball

This program is an organized team participation program for 1st-2nd grade girls and boys. The emphasis of the program is placed on teamwork, sportsmanship, skill development and fun! Teams will play 2 exhibition games towards the end of the season on weeknights. Each participant will receive a t-shirt and a basketball.

Dates: Oct 3–Nov 11  
Days/Times: Mon & Wed, 4:15–5pm Code: 2011.410  
Tue & Thu, 4:15–5pm Code: 2011.411

Location: Longmont Recreation Center, 310 Quail Road  
Fee: \$50 resident/\$62.50 non-resident



### YAB – Youth Basketball

The Young American Basketball Program (YAB) is an organized team participation program for 3rd-8th grade girls and boys. The emphasis of the program is placed on teamwork, sportsmanship, skill development and fun! All leagues will play an eight game schedule. Each participant will receive a t-shirt and a basketball. The registration deadline is Sun, Nov 27. Teams will practice two hours a week and play games on Saturdays. All games will be held at St Vrain Memorial Building, Longmont Recreation Center or a local Middle School. Practice begins the week of Dec 5, 2011. Regular season games start on Jan 14, 2012. A mandatory coaches meeting will be held on Thurs, Dec 1 at 6pm. This program is dependent upon volunteer coaches - if you would like to volunteer, please call 303-774-4800.

	Code:		Code:
3rd Grade Girls	2010.101	3rd Grade Boys	2011.101
4th Grade Girls	2010.102	4th Grade Boys	2011.102
5th Grade Girls	2010.103	5th Grade Boys	2011.103
6th Grade Girls	2010.104	6th Grade Boys	2011.104
7th Grade Girls	2010.105	7th Grade Boys	2011.105
8th Grade Girls	2010.106	8th Grade Boys	2011.106
Fee:	\$66 resident/\$82.50 non resident		

### Basketball Skills Clinic

Wellborn Educational Services, Inc is pleased to offer a basic ball handling and shooting camp to kids in 3rd through 6th grade. Noel, who has coached for over 27 years, will teach ball handling and shooting skills before the basketball season is upon us. These sessions are geared to improve and increase speed and agility. The camp is for kids just beginning to play the game of basketball and kids who want to improve the skills they already have.

8 to 12 years:  
Nov 7–9, Mon–Wed, 4:15–5:15pm Code: 2014.400  
Location: Longmont Recreation Center, 310 Quail Rd  
Fee: \$35 resident/\$43.75 non-resident

### Basketball Ball Handling Camp

Wellborn Educational Services, Inc is pleased to offer a basketball camp that specifically teaches ball-handling (dribbling) fundamentals. This camp is a great way to build self-confidence and ability! Noel will truly TEACH (not just show) young people, of all experience levels, the art of ball handling! Camp includes a basketball and awards.

8 to 12 years:  
Dec 27–29, Tues–Thurs, 8am–12pm Code: 2014.100  
Location: Longmont Recreation Center, 310 Quail Rd  
Fee: \$85 resident/\$106.25 non-resident

### Youth Tri Club Clinic

Join us for a clinic to see what Youth Tri Club is all about and dust off the cobwebs before the start of next season.

7 to 18 years:  
Nov 12, Sat, 4–5:30pm Code: 6263.400  
Dec 10, Sat, 4–5:30pm Code: 6263.100  
Location: Centennial Pool, 1201 Alpine St  
Fee: \$20 resident/ \$25 non-resident  
\$15 youth tri club members

### Archery for Adults

Archery is great for improving strength and concentration. We will cover shooting skills, safety, scoring and terminology. You will be exposed to several types of equipment, styles and uses for archery. Tom Adjutant is a nationally certified Archery Instructor. All equipment will be provided. No class on 9/29.



18 to Adult: Sept 8-Oct 6, Thurs, 5-7pm Code: 2035.420  
 Location: St Vrain Archery Club, South of Highway 119 on WCR 5 (through the gates)  
 Fee: \$75 resident/\$93.75 non-resident

### Adult Tennis Lessons

Lessons are for beginners or advanced beginners. Please wear tennis shoes and bring a racquet and water bottle. Balls are provided. \*No class Sept 3.

18 to Adult: Saturday, Aug 20-Oct 1\*  
**Beginner:** 9-10am Code: 2021.420  
**Advanced Beginner:** 10-11am Code: 2021.421  
 Location: Hover Park Tennis Courts, 1361 Charles Dr  
 Fee: \$45 resident/\$56.25 non-resident

### Fall Adult Coed Soccer

Get your team and friends together to continue to grow this great program. Coed is divided into two divisions (Recreational and Leisure). Deadline is Sun, Aug 14: Late registrations accepted on a space available basis ONLY at the Longmont Recreation Center.

16 to Adult: Sandstone Ranch Park East 3001 E Highway 119  
 League Dates: Aug 24-Oct 12, Wednesdays  
 Total Team Fee: \$670 player fees  
 Two payment option: \$340 each payment = \$680

### Fall Adult Coed Kickball

Break out the old rubber ball and come play kickball. This is a coed recreational kickball league (great for business teambuilding!). The game is played between two teams of 8 players that consist of 4 female and 4 male players. Deadline is Sun, Aug 14: Late registrations accepted on a space available basis ONLY at the Longmont Recreation Center.

16 to Adult: Garden Acres Park, 2058 Spencer Street  
 League Dates: Aug 23-Oct 11, Tuesdays  
 Total Team Fee: \$270 (no player fees)  
 Two payment option: \$140 each payment = \$280

### Adult Flag Football

Leagues offered in Men's 8 v 8 competitive and recreation. Registration will be taken at the Longmont Recreation Center only. Deadline is Sun, Aug 28.

18 to Adult: Sandstone Ranch Park 3100 E. Highway 119  
 League Dates: Sept 6-Oct 25, Tuesdays  
 Total Team Fee: \$450(no player fees)  
 Two payment option: \$230 each payment = \$460  
 Free Agent Fee: \$45 resident/\$56.25 non-resident

### Fall Adult Basketball

Two classifications of play will be offered, recreational and leisure. Teams play one game per week. Registration is accepted through September 11 at the Longmont Recreation Center ONLY.

18 to Adult: Day  
 Recreation League: Wed, Sept 14-Nov 2  
 Location: Memorial Building  
 Leisure League: Thur, Sept 15-Nov 3  
 Location: Longmont Recreation Center  
 Total Team Fee: \$400 (no player fees)  
 Two payment option: \$205 each payment = \$410  
 Free Agent Fee: \$50 resident/\$62.50 non-resident

### Drop In Adult Indoor Soccer

Again this year, indoor soccer will be offered as a drop in program on Sunday evenings at the Longmont Recreation Center. Come and keep your skills sharp and your body in shape!

18 to Adult: Nov 13-Mar 18, Sundays 6-8pm  
 Location: Longmont Recreation Center Gym, 310 Quail Rd.  
 Weekly Drop-in Fee: \$5(cash, check or visit card only)

### Winter Adult Basketball

Two classifications of play will be offered, recreational and leisure. Teams play one game per week. Packets will be available Mon, Nov 7. Registration is from Nov 7-Jan 1, 2012, at the Longmont Recreation Center ONLY.

18 to Adult: Day  
 Recreation League: Wed, Jan 4-Mar 14  
 Location: Memorial Building  
 Leisure League: Thurs, Jan 5-Mar 15  
 Location: Longmont Recreation Center  
 Total Team Fee: \$470(no player fees)  
 Two payment option: \$240 each payment = \$480  
 Free Agent Fee: \$60 resident/\$75 non-resident

### Senior Pickleball

Check out this fun, unique game best described as a hybrid of tennis and badminton. Join other active seniors on two courts up to three times a week.

55 years +: Mon, 10am-12pm; Tue, 2-3:30pm; or Thurs, 2-4pm  
 Location: Longmont Recreation Center, 310 Quail Rd  
 Fee: Daily admittance

### Senior Volleyball

The Colorado Senior Volleyball Association is a league for senior (age 50+) co-ed volleyball teams throughout the Front Range metro area. Teams practice on Mondays, 2-4pm, at the Longmont Recreation Center. Matches are hosted on Wednesday afternoons, at home and throughout the Front Range. To register or for more information, contact Theresa at 303-651-8578 or theresa.schulte@ci.longmont.co.us.

50 years+: Sept 7 - Dec 30  
 Fee: \$40 resident/ \$50 non-resident