



City Line

www.ci.longmont.co.us

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City Council Members

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City Council Agendas
are printed each
Monday in the
Times-Call

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Don't Get Fined For Your Political Views

With the municipal election season fast approaching, citizens may wish to express their support or opposition for local candidates. Freedom of speech is a right of all American citizens and is guaranteed by the First Amendment of the United States Constitution. Writing letters to the editor or sending an e-mail to your family and friends are ways to exercise your freedom of speech without spending money.

However, when you do spend money to express your opinion in local elections, there is a new City ordinance you should be aware of. The Longmont Fair Campaign Practices Act (LFCPA) requires that when an individual, a business, an organization or a group of people spends money on electioneering communications (ads, fliers, letters, broadcasts of any sort, etc.) those

expenditures must be reported to the City Clerk's office when they reach a total of \$100. The report must be filed within 72 hours after obligating the funds.

Additionally, certain items must be disclosed in the communication itself, including the full name of the individual or group paying for the communication, the name of the registered agent, if any, the amount of the expenditure, and a specific statement that the advertisement or material is not authorized by any candidate. The LFCPA establishes the fine for not filing an Independent Expenditure Report at \$200 per day.

Exercise your freedom of speech, but don't get fined for expressing your political views. Contact the City Clerk's office at 303-651-8649 before spending any money to print or distribute your message.

Important 2009 Election Deadlines

For Candidates

AUGUST 24

August 4 - 24

Nomination petitions accepted in City Clerk's office for mayor, two City Council members at-large, and one City Council member from Ward 2.

For information, call the City Clerk at 303-651-8649 or send e-mail to valeria.skitt@ci.longmont.co.us.

For Voters

OCTOBER 5

Monday, October 5

Last day to register to vote in the November 3 election.

Visit the Boulder County Clerk and Recorder's Web site at www.bouldercounty.org/clerk/elections/index.htm, or call 303-413-7740 for more information about voter registration. You also can check to see if you're registered and update your registration information through the Web site.



A message from

Mayor Roger Lange



LiveWell Longmont ... One year later

One year ago, we launched a new initiative, funded by LiveWell Colorado, to help Longmont residents eat better and be more active in their daily lives. We are so fortunate that LiveWell Colorado has made this investment in our community that gives us opportunities to improve our health. Investing in our health has and always will yield tremendous individual and communitywide “returns.”

So where are we one year later in working toward our vision that Longmont will be the healthiest community in the healthiest state?

We have continued to strengthen partnerships and build the capacity of our community by developing a coalition to achieve the data-driven five-year goals developed last year. (See inset.)

Strategies to help reach these goals include partnering with the St. Vrain Valley School District to increase fruit and vegetable consumption and enhance the current Safe Routes to School initiative for children; conducting a communitywide food systems assessment to address food affordability and accessibility concerns; facilitating comprehensive worksite wellness in our businesses and increasing activity for a healthy lifestyle.

I am pleased to share specific action items that LiveWell Longmont has been working on to ensure that healthy lifestyle choices are always available and convenient for everyone in our community. LiveWell Longmont and its partners have:

- Conducted training sessions for our elementary schools focusing on healthy eating and active living;


- Convened partners to discuss ways to incorporate health outcomes into the Longmont Area Comprehensive Plan update;
- Awarded grant money to local businesses to implement worksite wellness programs (and more grant opportunities will be available this year);
- Supported Bicycle Longmont by sponsoring five local community members to become licensed bicycling instructors and provided money to purchase a trailer to house the bicycle safety training materials;
- Cohosted a Worksite Wellness Workshop with more than 135 participants;

- Partnered with various organizations to support the community gardening movement in Longmont; and
- Embarked on a food systems assessment of the Longmont community.

In just one short year, LiveWell Longmont has begun to touch the lives of all of us who live, work, learn and play in Longmont. Let this work serve as an inspiration to you and your family to invest in your own health.

I encourage you also to consider getting involved in LiveWell Longmont and helping us achieve our goals to make Longmont the healthiest place to live. You can find more information at www.livewellcolorado.org, or contact LiveWell Longmont Manager Melissa Trecocke Houghton, MPH, at 720-652-4721 or mhoughton@longmontymca.org.

Roger Lange



Five-year Goals

1. In five years, LiveWell Longmont will increase the percentage of Longmont residents eating five fruits and vegetables each day from 42% to 62%.
2. In five years, there will be a 25% increase in the number of people in Longmont who incorporate biking, walking, and other physical activity into their daily lives.
3. In the area of physical activity and nutrition, in five years, Longmont will be a highly informed community, leading to healthy lifestyles.
4. LiveWell Longmont will be a sustainable community movement with the diverse resources and capacity necessary to accomplish our goals.

Talk with Council Members



At Coffee with Council, Longmont residents can talk with council members on any topic of their choice. Coffee with Council is hosted by two council members from 9 to 10 a.m. on the last Saturday of every month at a local coffeeshop. No appointment is necessary. Just show up, and help yourself to a free cup of coffee.

This month, Coffee with Council will be **August 29 at Seattle’s Best in Borders at 1101 S. Hover St.** Call the City Manager’s office at 303-651-8601 for more information.

How Longmont Fights the Bite

The City of Longmont takes the threat of West Nile virus very seriously and works every year to minimize the risk to residents.

The City contracts with Colorado Mosquito Control to conduct an “integrated pest management program” to combat mosquitoes that might carry the West Nile virus. Eleven traps located throughout the City are monitored weekly, and when Culex mosquitoes, which carry the West Nile virus, are discovered, they are tested by the Colorado Department of Public Health and Environment.

If the risk for West Nile virus is high, City plans call for Colorado Mosquito Control to spray only in the affected areas. Citywide spraying will be conducted only when recommended by Boulder County Public Health and the Colorado Department of Public Health and Environment based on significant public health concerns and authorized by the City Manager.

There are five ways residents can stay informed about the spraying schedule:

1. The Boulder County spraying schedule is published in an ad every Tuesday in the *Times-Call*;
2. The schedule is posted to the City’s Web site at www.ci.longmont.co.us;
3. The schedule is posted to the Colorado Mosquito Control Web site at www.comosquitocontrol.com/Spray_Schedules.html;
4. The City’s e-Alert notification system will send an e-mail notice directly to those who have registered at www.ci.longmont.co.us/selectalert/index.htm; and
5. You can register with Colorado Mosquito Control at www.comosquitocontrol.com/Spray_Schedules.html to be notified by them when spraying is scheduled for your neighborhood or to be excluded from spraying.



Volunteers Help Keep the City Running

If you have some spare time, we can put it to good use.

Many City of Longmont departments welcome the support of volunteers for a wide variety of projects. When you volunteer, you not only donate your time, your talent, and your energy, you also gain from the experience. As a City volunteer, you’ll meet wonderful people and acquire valuable experience that can be useful throughout your life.

Whether you want to share your knowledge, learn about a City department that interests you, or pick up new skills, the City can use you.

Volunteer opportunities are available in the Parks Department, the Police Department, Senior Services, Youth Services, Handicap Parking Patrol, the Longmont Museum & Cultural Center, and on the City’s many boards and commissions.

For more information, call 303-651-8609, or visit www.ci.longmont.co.us/volunteer.htm.

To report mosquito problem areas or to be notified of spraying in your neighborhood, call Colorado Mosquito Control at 303-558-8730.

The most important thing you can do, though, is protect yourself by adhering to the four Ds:

- **DEET:** Use insect repellent that contains at least 10% DEET. Between dusk and dawn, consider using an insect repellent containing up to 30% DEET. Products with concentrations around 10% are effective for about two hours. Be sure to follow the instructions carefully.
- **DRESS** in long sleeves and long pants. If you are outside between dusk and dawn when mosquitoes are most active and likely to bite, wear protective clothing such as long pants, long-sleeved shirts, and socks.
- **DUSK and DAWN:** Reduce or eliminate outdoor activity between dusk and dawn.
- **DRAIN:** Drain all standing water around your home, and remove items such as tires and empty pots in which water collects.

One out of five people who contract West Nile virus suffers a debilitating illness that can last a lifetime, and some even die. Don’t take a chance that you’ll be one of them.

Solid Waste & Recycling Special Events

September 1 - 30: Open enrollment to change the size or number of your trash containers. Your service will remain as it is unless you request otherwise. Call 303-651-8416.

September 5: Free Landfill Drop Day, 7 a.m. to 2 p.m., Front Range Landfill, 1830 County Road 5, Erie. Oversized and second loads will be billed. Bring a current Longmont utility bill to verify city refuse collection service.

September 19: Household Chemicals Drop Day, 9 a.m. to 2 p.m., Public Works Maintenance Facility, 375 Airport Road. Please call or visit the City’s Web site for a list of acceptable items.

Call Public Works at 303-651-8416 for more information these special events.

High-flying Fun at the Airport Expo



On August 29, Vance Brand Municipal Airport will host the 2009 Longmont Airport Expo in honor of airport founder Cole Kugel.

The event kicks off at 8 a.m. with a pancake breakfast. The Expo, from 9 a.m. to 3 p.m., will include aircraft displays, antique cars and motorcycles, a skydiving demonstration, concessions, a parade of vehicles, and demonstration aircraft fly-bys reflecting the history of aviation at the airport. The fly-by parade begins at 11:30 a.m. and will conclude by 1 p.m.

Mojomama, a favorite local rhythm and blues band, will perform at 10:30 a.m. and again at 1 p.m. City departments and local vendors also will be on hand. The event is free, including parking, so come out and enjoy a day at the Longmont Airport.

Many airport businesses will make their services available to the public. Enjoy airplane model building for kids, scenic flights, helicopter rides, skydiving, information about careers in aviation, and more.

The Airport Expo honors Cole Kugel, who built and donated the airport to the City of Longmont in 1942. Before his death in 2007, Kugel was the oldest licensed pilot in the world, continuing to fly until the age of 102.

2009 Longmont Airport Expo

- August 29, 8 a.m. to 3 p.m. at Vance Brand Airport
- Pancake breakfast 8 to 9 a.m.
- Expo 9 a.m. to 3 p.m.
- Live music by Mojomama at 10:30 a.m. and 1:30 p.m.
- Free admission and parking

Find Local Programming on Cable Channel 3



Longmont's cable channel 3 provides local cable access for the Longmont community. Programming of local interest includes original shows, Longmont City Council meetings and staff presentations,

Planning & Zoning Commission meetings, Police Department programs, including *Behind the Badge*, high school sports and more. Plus, the station runs several programs on topics of general interest, including health and exercise, history, and art.

Only Comcast subscribers receive Channel 3, but many of its programs are available on YouTube at www.youtube.com/user/channel3longmont.

Channel 3 also provides community members the opportunity to produce their own television programs. For a cost of only \$25 for training and materials, people who live within the boundaries of St. Vrain Valley School District can become Public Access members. When there are several potential new members, the station holds a training class after which you can check out a camera, tripods, and lighting to create your own television show.

Visit the Channel 3 Web site at www.channel3.org for the weekly programming schedule.



City Line

City Line is a monthly informational newsletter published by the City of Longmont for its residents. For questions about this publication call 303-651-8840.



¿Le gustaría a usted recibir las noticias de Ciudad de Longmont *City Line* en español? Llame a la oficina del Administrador de la Ciudad al número 303-651-8601.