



City Line

www.ci.longmont.co.us

May 2008
Vol. 19 No. 5

City Council Members

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City Council Agendas
are printed each
Monday in the
Daily Times-Call

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City Council Meetings Available on Web Site

Longmont City Council meetings are now available for viewing on the City's Internet site at http://www.ci.longmont.co.us/city_council/agendas/agendas.htm#video.

Although City Council Meetings have aired live on Comcast Cable Channel 3 for many years, residents with satellite T.V. systems or over-the-air antennas have not had access to this broadcast.

"Now there is an on-line option for anyone who wants to watch City Council Meetings," says Rigo Leal, Longmont Public Information Officer. "There is also an interactive feature that allows users to click directly on the portion of the meeting that they are

most interested in seeing."

Meetings will be posted to the Web approximately one week after the original taping; meetings will not be streamed live over the 'Net. However, posting video media files to the City's Website offers more opportunities for residents and non-residents to view archived meetings. "Obviously, the power of the Internet opens up viewing opportunities to a much larger audience than just



Longmont residents," Leal says.

For residents who do not receive the Channel 3 broadcast or do not have access to the Internet, DVD copies of Council Meetings are available for check-out at the Longmont Public Library located at 409 4th Ave. Residents can purchase a DVD directly from Channel 3 studios located at 457 4th Ave.

Stop-N-Drop on June 14

Public Works Solid Waste Operations will host their next Stop-N-Drop program of 2008 on Saturday, June 14, 2008, from 8 a.m. to 2 p.m. at the Public Works Facility, located at 375 Airport Road.

Customers can bring large and bulky household items or other debris for disposal at no charge.

Customers are encouraged to help with the City's commitment to the environment by separating recyclable items before arriving at the Stop-N-Drop. For example separate by: **Lumber** - unstained/unpainted; **Metals**-copper, aluminum, brass; **Cardboard** - paperboard, corrugated and just plain ordinary refuse.

Please bring a utility bill with you as the program is only available to City refuse collection customers. Residents are asked to bring a non-perishable food item to be donated to the OUR Center.

The following items will not be accepted during the Stop-N-Drop program: household waste, dirt, rock, sod, concrete, shingles, chemicals, limbs, yard waste, tires, auto parts, hazardous waste or refrigerators.

For recommendations on how to dispose of these items, call Public Works Operations at 303-651-8416.



A message from

Mayor Roger Lange



LiveWell Longmont: Eat Better, Be Active

The Longmont community is on a mission—to become the healthiest community in the healthiest state! And we invite all Longmont residents to join in this effort.

Recently, the Longmont community has been awarded grants from the Centers for Disease Control and LiveWell Colorado to help mobilize the entire community to eat better and be more active in our daily lives. So, why is this something that Longmont residents should be concerned about?

Unhealthy eating and physical inactivity are associated with an increased risk of a number of chronic health conditions including heart disease, stroke, diabetes, some cancers, and being overweight. In fact, poor nutrition and lack of physical activity are the second leading preventable causes of death in the United States and Colorado.

Even though Colorado's percentage of overweight and obese citizens is much lower than national average percentage, the trend is going in the wrong direction. This generation of children may be the first ever to have a shorter lifespan than their parents. We want to reverse that trend for people in Longmont!

LiveWell Longmont is a movement designed to ensure that healthy lifestyle choices are always available and convenient for all who work, live, play and learn in our community.

The Ed and Ruth Lehman YMCA has convened a 13-member steering committee represented by the City of Longmont, St. Vrain Valley School District, Boulder County Public Health, Longmont United Hospital, Kaiser Permanente, the OUR Center, and Sun Construction, to collaboratively coordinate this initiative.

Throughout 2008, LiveWell Longmont will be conducting community assessments to help determine Longmont's health needs and assets, and partnering with the community to create a specific plan to make increased physical activity and improved nutrition an accessible choice for all.

Everyone has a role to play in making Longmont a healthier place to live, work, learn and play, and here is how you can get involved.

• Participate in an automated telephone survey, to be conducted between May 12 - May 23, 2008, which will ask residents about their physical activity and nutrition habits. You can participate in this

survey in one of two ways:

A random sample of 3,000 households will be selected for a call. If selected, you will receive a postcard notifying you that you have been selected. Please take the time to answer the questions when you are called.

Here's a phone call that you don't want to miss!

If called between May 12 - 23, please participate in LiveWell Longmont's automated survey to help us learn more about Longmont's physical activity and nutrition habits.

If your household is not selected, **you can still participate by calling 1-866-459-2527** any day between May 12 - 23 and you will be connected to the Neighborhood Health Initiative to take the survey. The survey will accept only one response per household.

The survey should only take about 10 minutes to complete and will be available in both English and Spanish. Everyone who participates will be entered into a drawing for one of five \$50 gift certificates to a Longmont grocery store.

• Complete an assessment on assets in your neighborhood that support physical activity and good nutrition. If you would like to volunteer to complete 3-5 short asset assessments, please contact Barb McGaughey at the YMCA, 720-652-4722 or info@longmontymca.org.

• Watch for information about a two-day event to be held in September 2008 that will launch the LiveWell Longmont initiative. This event will feature a health expo, community walks, sessions with national and local experts, and access to local resources that can help each one of us to take just one step toward a healthier lifestyle.

If you would like more information about LiveWell Longmont and how you can get involved, contact Barb McGaughey at the YMCA at 720-652-4722. And in the mean time, let's all do what we can to eat a little better and move a little more!

Roger Lange

Did you know... that by walking an additional 2,000 steps and reducing 100 calories each day, you can stop weight gain? 2,000 steps = four laps around the high school track, walking the Greenway from Roger's Grove to Golden Ponds and back or a 30-minute walk around your neighborhood.

LPC Supports a Greener Community

Longmont Power & Communications (LPC) supports environmental responsibility in Longmont through the use of energy efficient compact fluorescent lights (CFLs), CFL recycling and renewable energy.

To encourage the use of CFLs, LPC has joined forces with local retailers to once again provide our customers with lower priced CFLs. Currently, Ace Hardware on North Main, Budget Home Center on Boston and Pratt Parkway, and The Home Depot on South Hover are participating in the program. Discounts vary from \$1 to \$3 per bulb depending on the style, and styles vary from retailer to retailer. Watch for details in your local newspaper and on LPC's web site for upcoming in-store efficiency demonstrations.



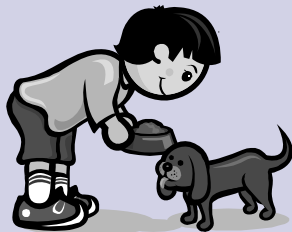
LPC will soon be introducing a convenient way to recycle used CFLs. Residents will be able to drop off any CFL bulb at convenient City facilities. Details will be provided in the local newspaper and on LPC's web site as they become available.

To support our commitment to a greener Longmont, LPC has joined the Boulder County Wind Challenge to acquire 1,000 new wind energy subscribers. Be one in a 1,000 by joining LPC's Renewable Energy Program, which includes clean wind energy. Visit the LPC web site or call us to sign up today.

LPC's web site is www.ci.longmont.co.us/lpc and our phone number is 303-651-8386.

Pet Licenses Available at Humane Society

Longmont city ordinances require that all domestic cats, dogs and pot-bellied pigs within the city limits be licensed. Licenses are available for purchase at the Longmont Humane Society and are valid for the calendar year.



Although proof is not needed to obtain a license, city and state laws require that all cats and dogs have a current rabies vaccination.

Fees for licenses are \$15 for spayed and neutered animals and \$25 for unaltered pets.

You may purchase pet licenses at the shelter or by mail. Additional information is available at www.longmonthumane.org or by calling 303-772-1232 x 0.

Pet and Doll Parade Celebrates 78th Year

WHAT: 78th Annual Pet & Doll Parade

THEME: Flags, Flags, Flags!

WHEN:

Saturday, June 14, 2008

TIME: 9:30

a.m. - costume contest and prizes (to be judged by PETCO); 10 a.m. - 11 a.m. Foot parade (no motorized vehicles) around Roosevelt Park

COST: Free admission - no registration required
Parade begins at the flag pole-East side of park

FOOD & ENTERTAINMENT: Free Popsicles, Uncle Sam Stilt Walker, Longmont All Star Jazz Band and Bruiser the giant dog will all be there!

SPONSORED BY: Connie Bruce with COLDWELL BANKER Realty, PETCO and Coldwell Banker Home Loans

INFORMATION: Call Recreation Services for more information or visit the web site at:

www.ci.longmont.co.us for contest categories or call 303-774-4757.



Bike to Work on June 25

The community is invited to participate in the annual Bike to Work Day on Wednesday June 25, 2008.

This state-wide event is organized by the Denver Regional Council of Governments (DRCOG), a planning agency with more than 50 city and county member governments. It is joined by enthusiastic planning partners including the City of Longmont, Bicycle Longmont and sponsored by The Daily Times-Call, Amgen and Xilinx. Go to www.drcog.org for more information or get more details in next month's issue of *City Line*.



Public Forums and Town Meetings on City Council's Agenda for 2008

Longmont residents now have more opportunities to talk directly with their elected representatives.

The Longmont City Council wants to build on the positive momentum created at the January 2008 Open Forum by offering more opportunities for residents to interact with Council Members outside of the formal setting of Tuesday night meetings.

Throughout the rest of 2008, residents will have the opportunity to express their opinions and converse with Council Members in two new ways:

- On the last Saturday of each month from 9 a.m. to 10 a.m. at the Longmont Civic Center, 350 Kimbark

St., residents are invited to have "Coffee with Council" (coffee, tea and light snacks will be provided). At least two Council Members will attend on a rotating basis (see calendar below).

**The "Coffee with Council" meetings will replace the half-hour pre-session that was held at 6:30 p.m. on the last Tuesday of the month.*

- On a quarterly basis, at least three Council members will host a town meeting at various locations throughout the city (see calendar below).

Call 303-651-8649 for more information.

Coffee with Council (monthly):		Town Meeting (quarterly):	
May 31, 2008 9 - 10 a.m.	<i>Council Members Blue and Levison</i>		
June 28, 2008 9 - 10 a.m.	<i>Council Members Hansen and Santos</i>		
July 26, 2008 9 - 10 a.m.	<i>Mayor Lange and Council Member Levison</i>	August 2, 2008 (Ward 3 mtg. location tba)	<i>Council Members Benker, Blue, and McCoy</i>
August 30, 2008 9 - 10 a.m.	<i>Council Members Benker and McCoy</i>		
Sept. 27, 2008 9 - 10 a.m.	<i>Council Members Hansen and Santos</i>		
Oct. 25, 2008 9 - 10 a.m.	<i>Mayor Lange and Council Member Blue</i>	November 1, 2008 (Ward 2 mtg. location tba)	<i>Council Members, Benker, Levison and Santos</i>
Nov. 29, 2008 9 - 10 a.m.	<i>Council Members Benker and Levison</i>		
Dec. 27, 2008 9 - 10 a.m.	<i>Cancel due to holiday weekend</i>		<i>* City Council Members' calendars are subject to change</i>



City Line

City Line is a monthly informational newsletter published by the City of Longmont for its residents. For questions about this publication call 303-651-8840

¿Le gustaría a usted recibir las noticias de Ciudad de Longmont City Line en español? Llame a la oficina del Administrador de la Ciudad al número 303-651-8601.

