



The SCOPE (Supportive, Captivating, & Original Programs & Experiences)

This Program encourages people of all abilities to participate in recreational programs and activities. The mission of SCOPE is to provide specialized support and recreational opportunities to people with disabilities. Our vision is to enrich lives and create experiences that are memorable, empowering, fun and safe for all participants.

Scope Bowling

This program is designed to give each participant an opportunity to continue a leisure activity that provides fun and excitement for years to come. Participants should have a basic knowledge of bowling because no instruction is given. Each bowler will be participating at his/her own pace. An additional fee of \$1.00 will be collected from each bowler per week for Centennial Lanes. No bowling during Spring Break- March 29.

8 to Adult: Thursdays, 3-4pm
 Dates: Jan 5 - Mar 22 Code: 3000.101
 Fee: \$15 resident/\$18 non-resident
 Dates: Apr 5 - May 24 Code: 3000.200
 Fee: \$12 resident/ \$15 non-resident
 Location: Centennial Bowling Lanes, 110 E 9th Ave

Scope: Adaptive Bowling

This program is designed to give each participant an opportunity to enjoy a leisure activity that provides fun and excitement for years to come. The Wednesday Adaptive program is for those who need more one-one assistance and a smaller and quieter environment. Each bowler will be participating at his/her own pace. An additional fee of \$1.00 will be collected from each bowler per week for Centennial Lanes. No bowling during Spring Break- March 28.



8 to Adult: Wednesdays, 4-5pm
 Dates: Jan 11 - Mar 21 Code: 3000.121
 Apr 4- May 23 Code: 3000.211
 Location: Centennial Bowling Lanes, 110 E 9th Ave
 Fee: \$5 resident/\$6.25 non-resident

Special Olympics Swim - Personal Assistance

This program offers instruction and training for competition in Special Olympics Swimming for individuals requiring personal assistance. Participants are to register depending on ability. Space is limited and on a first come basis. Parent or guardian may be required to assist the swimmer in the pool. No March 30 practice.

8 to Adult: Jan 13-May 25, Fri, 5:30-6:30pm Code: 3030.111
 Location: Centennial Pool, 1201 Alpine St
 Fee: \$40 resident/\$50 non-resident

Special Olympics Swim -Independent

This program offers instruction and training for competition in Special Olympics Swimming for individuals who are able to swim without assistance. Participants are to register depending on ability. Space is limited and on a first come basis. No swimming during Spring Break.

8 to Adult: Jan 12-May 31, Thurs, 5:30-6:30pm Code: 3030.101
 Location: Longmont Recreation Center, 310 Quail Rd
 Fee: \$40 resident/\$50 non-resident

Scope: Basketball-Youth

This program offers instruction and training in Special Olympics Basketball Skills competition.

8 to 15 years: Jan 11-Mar 7, Wed, 7-8pm Code: 3002.111
 Location: Longmont Recreation Center, 310 Quail Rd
 Fee: \$15 resident/\$18.75 non-resident

Scope: Basketball -Adult

This program offers instruction and training in Special Olympics Team Basketball competition.

16 to Adult: Jan 10-Mar 6, Tue, 7-8pm Code: 3002.101
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$15 resident/\$18 non-resident

Scope: Track and Field

This program offers instruction and training in Special Olympics track and field events. Indoor practices begin March 10 at the Memorial Building Gym. Outdoor practices will begin April 7 at Trail Ridge Middle School. No practice March 31- Spring Break.

8 to Adult: Mar 10-May 26, Sat, 11 am-12pm Code: 3006.200
 Location: St Vrain Memorial Building, 700 Longs Peak Ave & Trail Ridge Middle School, 1000 Button Rock Dr
 Fee: \$20 resident/\$25 non-resident

Important! Unified Softball Meeting May 1, 7 pm at the St. Vrain Memorial Building

This year we are requiring that ALL coaches, athletes and parents planning to participate in the 2012 Unified Softball program attend this meeting to discuss: team changes, reviewing the rules, and what is and what is not expected of coaches, athletes and parents. At this meeting, all required paperwork will be handed out and completed. Athletes must have the required paperwork completed PRIOR to the first game.



Scope: Introduction to Drumming

This introduction to drumming is fun, easy and accessible to anyone. The Djembe drum from West Africa is the drum of choice, and drums are provided. Simple rhythms will be presented slowly and patiently.

14 to Adult: Tuesdays, 5:15 -6:15 pm *Note May Tuesday date.
 Dates: Jan 3 Code: 3039.102
 Feb 7 Code: 3039.103
 Mar 6 Code: 3039.200
 Apr 3 Code: 3039.201
 May 15* Code: 3039.203

Instructor: Gregg Hansen
 Location: Izaak Walton Clubhouse, 18 S Sunset
 Fee: \$9.50 resident/\$11.85 non-resident

Scope: Musical Revue-You are the Star!

Do you love the music of Grease? Footloose? Mama Mia? Michael Jackson? Come be a part of the new Scope Musical Revue, with a performance for the public, family and friends on May 7! Singing or dancing parts for all! Don't miss out on the fun. Final rehearsals: Apr 23 & 30 at the St Vrain Memorial Building, 6-7:30 pm.

12 to Adult: Mondays, 7-8:15 pm
 Dates: Feb 20-Mar 5, Mar 19, Apr 2-9 Code: 3019.111
 Instructors: Cathy Ludlow and Kristy Meining
 Location: Senior Center, 910 Longs Peak Ave
 Fee: \$15 resident/\$18 non-resident

Scope Parties!

Ages: 8 years to Adult
 Location: Senior Center, 910 Longs Peak Ave
 Fee: \$5 resident/\$6.25 non-resident

Country Western Party

Put on your cowboy hat, your boots, and get ready for a grand old time! Dance and sing to Brad, Kenny, and Carrie, or make crafts to make your western night something special. Bring your favorite Country CD to sing along to!

Date/Time: Jan 23, Mon, 7-8:15 pm Code: 3019.211

Valentine Party

Bring your sweetheart or just be one! Come enjoy sweets and treats and dance to your favorite love songs. Bring your favorite CD to enjoy the karaoke!

Date/Time: Feb 13, Mon, 7-8:15 pm Code: 3019.102
 Location: Senior Center, 910 Longs Peak Ave
 Fee: \$5 resident/\$6.25 non-resident

50's Rock & Roll Party

Doo Wop, Elvis, and more! Wear your poodle skirt or your black leather jacket and we'll rock the night away! Bring your favorite Oldies but Goodies CD and sing along!

Date/Time: Apr 16, Mon, 7-8:15 pm Code: 3019.201
 Location: Senior Center, 910 Longs Peak Ave
 Fee: \$5 resident/\$6.25 non-resident

Hollywood Party

Lights! Camera! Action! Bring some glitz and glam to our own Hurray for Hollywood party. Dress up and you could receive the Oscar for best attire! Come and Walk the Red Carpet with your friends. Many awards will be presented, so don't miss out!

Date/Time: Mar 12, Mon, 7-8:15 pm Code: 3019.212
 Location: Senior Center, 910 Longs Peak Ave
 Fee: \$5 resident/\$6.25 non-resident

Summer Special Needs Teen Camp

This is an 8 week Summer Special Needs Camp program for campers ages 13 to 17 years of age and is licensed through the State of Colorado. Teen Camp is designed as a summer recreation program, not as day care. Fee includes swimming, field trips & lots of fun filled days! Campers are to provide own lunch and snacks. Registration begins Mon, Feb 28, 7 am at the St Vrain Memorial Building, 700 Longs Peak Ave. Information/Registration Packets available at the St Vrain Memorial Building in January or on-line at www.ci.longmont.co.us/rec/scope/teen_camp.htm.

13 to 17 years: Mon-Fri, 9am-4pm
 Dates: Jun 4-Jul 27 Code: 3015.301
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 8 week Fee: \$1,155 resident/\$1,444 non-resident
 Weekly Fee: \$150 per week resident/ \$188 non-resident (week 5 is pro-rated)

Scope: Snack Shack

Join the health craze band wagon. This class will teach you ways to make your own healthy snacks at home for your family and friends. Tortilla wraps, fruit kabobs, smoothies etc.

8 to Adult: Jan 16, Mon, 6:30-8pm Code: 3016.102
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$5 resident/\$6.25 non-resident

Scope: Game and Card Night

It's game night! Join your friends for a fun night of games! We will learn and play card games, in addition to trying our luck at some of the classic favorites like Uno, Sorry etc. If you have a favorite game, feel free to bring it! Please pre-register.

8 to Adult: Feb 6, Mon, 6:30 -7:45 pm Code: 3013.102
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$5 resident/\$6.25 non-resident

Scope: Free Art Classes

Presented by East Boulder County Artists

Don't miss this opportunity to take free art classes provided by East Boulder County Artists. Please bring a snack. Program is for participants who are independent or require minimal verbal prompting with personal care, and typical social behavior. Some classes may have a small supply fee.

16 to Adult: 3:30-5:30pm
Acrylic Painting Jan 11, Wed Code: 3012.101
Fused Heart Ornament Feb 8, Wed Code: 3012.111
Clay Mar 9, Fri Code: 3012.201
Clay-Jewelry Apr 11, Wed Code: 3012.202
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: Free, but you must pre-register!

Thank you Volunteers!

The Scope Program would like to thank the following special people for donating their time and talent to make a difference in the lives of people with special needs: Danette Anderson, Michele Craig, Connie Johnson, Cindy Haefele, Julie Markiewicz, Kay Laatt, the staff at Centennial Lanes and everyone else who so kindly supports our programs and activities.

If you are interested in sharing your time or talents, please call 303-651-8394.

Scope: Summer Recreation Camp

This is a non-licensed 8 week recreation program (35 hours per week). Fee includes swimming, field trips & lots of fun filled days! Campers are to provide their own lunch and snacks. Registration will begin Mon, Feb 28, 7 am at the St Vrain Memorial Building, 700 Longs Peak Ave. Information/Registration Packets available at the St Vrain Memorial Building in January or on-line at www.ci.longmont.co.us/rec/scope/camp.htm.



18 and older: Mon-Fri, 9am-4pm Code: 3015.300
 Dates: Jun 4-Jul 27
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 8 week Fee: \$1,155 resident/\$1,444 non-resident
 Weekly Fee: \$150 per week resident/ \$188 non-resident (week 5 is pro-rated)