

Superstar Preschool Gymnastics

For kids ages 1 to 6, enjoy 35 minutes of gymnastics fun!

*No class Jan 16 or Feb 20.

Mondays:

Jan 9-30* \$22.50 res/ \$ 28 non-res
 Feb 6-27* \$22.50 res/ \$28 non res
 Mar 5-19 \$22.50 res/ \$28 non-res
 Apr 2-23 \$30 res / \$37.50 non-res
 Apr 30-May 21 \$30 res/ \$37.50 non-res

Tuesdays:

Jan 10-31 \$30 res/ \$37.50 non-res
 Feb 7-28 \$30 res/ \$37.50 non-res
 Mar 6-20 \$22.50 res/ \$28 non-res
 Apr 3-24 \$30 res / \$37.50 non-res
 May 1 - 22 \$30 res/ \$37.50 non-res

Wednesdays:

Jan 11-Feb 1 \$30 res/ \$37.50 non-res
 Feb 8-29 \$30 res/ \$37.50 non-res
 Mar 7-21 \$22.50 res/ \$28 non-res
 Apr 4-25 \$30 res / \$37.50 non-res
 May 2 - 23 \$30 res/ \$37.50 non-res

Thursdays:

Jan 12-Feb 2 \$30 res/ \$37.50 non-res
 Feb 9-Mar 1 \$30 res/ \$37.50 non-res
 Mar 8-22 \$22.50 res/ \$28 non-res
 Apr 5-26 \$30 res / \$37.50 non-res
 May 3 - 24 \$30 res/ \$37.50 non-res

Instructor: Tumblebus Superstars Gymnastics

Location: St Vrain Memorial Building, 700 Longs Peak Ave



Superstar Tot 1

Parent/child class. Improves spatial awareness, coordination, gross motor & social skills. Explore the trampoline, balance beam, bars, fun obstacle courses, parachute games, music & much more! Please bring changing bag. (Must be walking to participate).

1 to 2 years: Basic Code: 4821

Mondays, 10:45-11:20am or 4:30-5:05pm

Tuesdays, 9:15-9:50am

Wednesdays, 10:45-11:20am

Chilaxed Children

Enter a wonderful world of imagination and relaxation. Relaxation techniques can help with anger management, sleep problems, anxiety and self-esteem. Children will learn simple meditations, breathing exercises and visualizations. Enjoy a story and a craft in this relaxing environment. Please wear comfortable clothing and bring a favorite blanket.

*No class Jan 16 or Feb 20.

4 to 5 years: Mondays, 11 -11:45am

Dates: Jan 9-Feb 6* Code: 4832.100
 Feb 13-Mar 12* Code: 4832.101
 Apr 2-23 Code: 4832.200

5 to 7 years: Wednesdays, 4:15 - 5pm

Dates: Jan 11-Feb 1 Code: 4832.110
 Feb 15-Mar 7 Code: 4832.111
 April 4- 25 Code: 4832.210

Instructor: Karyn Sullivan

Location: Long Recreation Center, 310 Quail Rd

Fees: \$35 resident/ \$43.75 non-resident

Superstar Tot 2

A parent/child class. Learn basic tumbling skills on the mats, trampoline, bars, beam, & vaulting board. Improve coordination, strength, & flexibility thru parachute games, obstacle courses, rhythmic streamers, music, & much more! Please remember changing bag.

2 to 3 years:

Basic Code: 4822

Mondays, 11:30am-12:05pm or 5:15-5:50pm

Tuesdays, 10:45-11:20am

Wednesdays, 9:15-9:50am or 10-10:35am or 6-6:35pm

Thursdays, 6:45-7:20pm

Superstar 3 & 4's

Develop basic gymnastic skills while having fun! Obstacle course, trampoline, balance beam, bars, vaulting and mat work will increase body awareness, coordination and strength.

3 to 4 years:

Basic Code: 4819

Mondays, 9:15-9:50am or 6:45-7:20pm

Tuesdays, 10-10:35am or 11:30am-12:05pm

Wednesdays, 11:30-12:05am or 5:15-5:50pm

Thursdays, 5:15-5:50pm

Advanced Superstar 3&4's-Permission required

Thur, 4:30-4:35pm

Superstar 5 & 6's

Beginning gymnastic skills are taught while developing strength, balance and flexibility. Fundamental skills will be taught on bars, balance beam, trampoline, vaulting board and mats. Fun props and music are used in this fast paced and fun filled class.

5 to 6 years:

Basic Code: 4818.101

Mondays, 10-10:35am or 6-6:35pm

Thursday, 6-6:35pm

Wednesdays, 6:45-7:20pm

Advanced Superstar 5&6's-Permission required

Wed, 4:30-4:35pm

Musicare Sing-a-long

Through singing, body movement, drumming and the introduction of a variety of instruments, children learn the basics of music. We focus on musical concepts such as fast and slow, loud and quiet, starting and stopping on cue. All materials are provided. *No class Mar 23.

1 to 5 years: Wednesdays, 11:35am-12:05pm

Dates: Jan 11-Feb 1 Code: 4835.102
 Feb 8-29 Code: 4835.103
 Mar 7-Apr 4* Code: 4835.200
 Apr 11-May 2 Code: 4835.201

Instructor: Kelye L. Lotz

Location: Longmont Recreation Center, 310 Quail Rd

Fee: \$40 resident/\$50 non-resident

Suzuki Parent/Child Violin

Class covers basic posture and beginning rhythms used in Suzuki Method of violin. Parents learn alongside your child on the child's violin. Violin rental not included; information at first class.

4 to 7 years: Wednesdays, 4-5 yrs, 4-5pm; 6-7 yrs, 5-6pm

Dates: Jan 11-Feb 29 Code: 4-5 yrs 4834.100; 6-7 yrs 4834.120
 Apr 4-May 26 Code: 4-5 yrs 4834.200; 6-7 yrs 4834.220

Location: Longmont Suzuki Strings, 356 1/2 Main St

Fee: \$100 resident/\$125 non-resident

Fun Spanish

Come and have fun learning Spanish in an interactive class where children will be singing songs, reading books, dancing, playing games and making crafts. Parents are welcome to stay and participate in activities. Child must be at least 24 months old to enroll in class. *No Class Mar 26.

2 to 3 years: Fridays, 10-10:45am
 Dates: Feb 3-24 Code: 4500.130
 Mar 2-23 Code: 4500.230
 Apr 6-27 Code: 4500.231

4 to 5 years: Mondays, 10-10:45am
 Dates: Jan 30 - Feb 27 Code: 4500.135
 Mar 5 - Apr 2* Code: 4500.235
 Apr 9 - 30 Code: 4500.236

Instructor: Cintia Ciorciari
 Location: Longmont Recreation Center, 310 Quail Rd
 Fee: \$32 resident/\$40 non-resident

Mommy & Me Intro to Horses & Riding

Geared towards parent and their preschooler, the clinic includes safety discussions, hands-on time brushing and grooming gentle horses, and a turn to ride a horse with parent leading the horse. Important Safety Rules: No younger siblings in strollers or worn in carriers. Parent must remain with child and be very hands on at all times.



2 to 5 years: May 17, Thurs, 10-11:30am Code: 4733.230
 May 23, Wed, 10-11:30am Code: 4733.231
 Location: Sun Pony Ranch, 18490 Country Rd 1
 Fee: \$40 resident/\$50 non-resident

Little Chefs

Kids love to help in the kitchen. We will learn how to mix, stir, pour, measure in this fun and interactive class. Kids get to eat their delicious creations. Each class offers a different menu, sign up for one or all! Bring a small container to bring home your creations. Please let us know in advance of any food allergies.



3 to 5 years: Fridays, 10:30-11:15am Code:
 Dates: Jan 27: Fun with Food 4827.100
 Feb 24: Yummy Breakfast Food 4827.101
 Mar 23: More Fun with Food 4827.200
 Apr 20: Go Italian 4827.201
 May 4: Fiesta Ole! 4827.202
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$12 resident/\$15 non-resident

Day with Dr. Seuss

It's Dr. Seuss' birthday and to celebrate we will have a day of fun! Come and read your favorite Dr. Seuss book, play games and enjoy crafts. This is a parent/child class.

2 to 5 years: Mar 3, Sat, 10-11am Code: 4870.201
 Location: St Vrain Memorial Building
 Fee: \$7 resident/\$8.25 non-resident

Sensory Saturday

Parents are invited to bring their preschool children to this fun Saturday sensory adventure! Activities will vary each class with toy exploration, gooey concoctions, fine and gross motor play! Come prepared to get messy!

3 to 5 years: Jan 7, Sat, 10-11:15am Code: 4870.202
 Feb 4, Sat, 10-11:15am Code: 4870.203
 Apr 7, Sat, 10-11:15am Code: 4870.204
 May 5, Sat, 10-11:15am Code: 4870.205
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$7 resident/\$8.75 non-resident

SideKicks Tae Kwon Do

In this introduction to Martial Arts, young children will improve their balance, coordination, and positive learning skills (such as listening, concentrating, and understanding the value of practice) by focusing on basic martial arts techniques. Uniform provided with first monthly fee. For Information call 303-684-5846.



4 to 6 years: Mon/Wed, 3:30-4:15pm
 Dates: Jan 4-30 Code: 4650.131
 Feb 6-29 Code: 4650.132
 Mar 5-28 Code: 4650.231
 Apr 2-25 Code: 4650.232
 May 2-30 Code: 4650.233

4 to 6 years: Tues/Thurs, 3:30-4:15pm
 Dates: Jan 3-Jan 26 Code: 4650.135
 Feb 7-Mar 1 Code: 4650.136
 Mar 6-29 Code: 4650.235
 Apr 10-May 3 Code: 4650.236
 May 8-31 Code: 4650.237
 Instructor: John Lynn, Longmont Martial Arts Academy
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$35 resident/\$43.75 non-resident

Terrific Time for 2 & 3's

This class is geared for child and adult to spend quality time together. Class will include songs, finger plays, art projects and the opportunity for your child to learn social skills while in a play environment. There will be different activities each session. Pre-registration is required for each 8 week session, siblings may drop-in for \$4 per class.

2 to 3 years: Fri, 9-10:15am
 Dates: Jan 13-Feb 17 Code: 4831.101
 Feb 24-Mar 30 Code: 4831.102
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$36 resident/\$45 non-resident

Clifford's Birthday Party

Come Celebrate Clifford's Birthday in this special class. We will make Clifford party favors and help Clifford celebrate his special day. This is a parent/child class.

2 to 5 years: Jan 13, Fri, 10:30-11:15am Code: 4870.101
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$7 Resident/\$8.25 non-resident

Small Wonders Preschool

Preschool Open House for Fall 2012-2013
 Tuesday, February 7, 5:30-6:30pm
 St Vrain Memorial Building
 700 Longs Peak Ave

Registrations are accepted beginning at 8am on Feb 7. Attending the open house is optional.

Small Wonders is licensed with the State of Colorado. Our program is designed to offer a variety of developmentally appropriate activities that help each child develop to his/her fullest... socially, emotionally, physically, creatively and cognitively. Classes follow the St Vrain School District calendar for holidays and school breaks. May's 2013 tuition is collected at the time of registration; 50% is refundable prior to Aug 1, 100% non-refundable after Aug 1.



Fun Time Escape

Age: 3 years old by Sept 30, 2012
 Dates: 8/27/2012-5/17/2013
 Time: 9-11:30am
 Days: Mon/Wed option or Tues/Thurs option
 Fee: \$110/month res & \$137.50/month non-res
 Location: St Vrain Memorial Building, 700 Longs Peak Ave

Little Learners

Age: 4 years old by Sept 30, 2012
 Dates: 8/27/2012-5/17/2013
 Time: 12:15-2:45pm
 Days/Fee: Tue/Thurs option: \$110/month res or \$137.50/month non-res
 Mon/Wed/Fri option: \$155/month res or \$193.75/month non-res
 Location: St Vrain Memorial Building, 700 Longs Peak Ave

For additional questions, please call 303-774-4757 or visit our web site at www.ci.longmont.co.us/rec/childrens/small_wonders.htm

Youth & Teen

Little Climbers 1

Are your kids climbing the walls at home? Then this course is a great chance for your child to learn the basics of rock climbing! We will cover technique, gear, commands and safety.

6 to 11 years: 10-11:30am
 Saturdays: Dates: Code: Dates: Code:
 Jan 7 4151.100 Feb 4 4151.101
 Mar 3 4151.200 Apr 7 4151.201
 May 5 4151.202
 Sundays: Dates: Code: Dates: Code:
 Jan 22 4151.110 Feb 19 4151.111
 Mar 18 4151.210 Apr 22 4151.211
 May 20 4151.212

Location: Longmont Recreation Center Climbing Wall
 Fee: \$10 resident/\$12.50 non-resident

Little Climbers 2

This class is for those who know the basics of proper harness use and other beginner climbing techniques. You will develop technique, movement and balance through instructional rock climbing. Completion of Little Climbers 1 is recommended.

6 to 11 years: Saturday, 10-11:30am
 Dates: Code: Dates: Code:
 Jan 14 4152.100; or Feb 11 4152.101
 Mar 10 4152.200; or Apr 14 4152.201
 May 12 4152.202

Location: Longmont Recreation Center Climbing Wall
 Fee: \$10 resident/\$12.50 non-resident

Intro to Horses & Riding

Class includes simple discussions on Horse Safety, personalities & care. Most of the class will be "Hands On" learning to brush and groom the gentle horses. Classes allow for riding time with the kids taking turns riding the horses. Wear closed shoes and long pants. Riding helmets provided.

5 to 7 years: Saturday, 4-5:30pm
 Dates: Apr 14 Code: 4733.200
 May 5 Code: 4733.201
 Fee: \$32 resident/\$40 non-resident

8 to 14 years: Saturday, 4-6pm
 Dates: Apr 21 Code: 4733.210
 May 19 Code: 4733.211
 Fee: \$43 resident/\$53.75 non-resident
 Location: Sun Pony Ranch, 18490 County Rd 1

Geocaching

Do you like scavenger hunts, high tech gadgets, and being outside? Learn how to use a GPS to find geocaches in and around Longmont. Discover this new hobby and begin to find treasure everywhere!

11 to 15 years: Saturday, 10am-3pm
 Dates: Apr 14 Code: 4790.265
 May 12 Code: 4790.266
 Location: Trip meets at St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$25 resident / \$31.25 non-resident

Indoor Climbing Trip

Learn climbing and belaying basics in a 2-hour introductory course and then spend the rest of the day climbing on 4500 square feet of indoor climbing and bouldering routes! Please bring a sack lunch and wear clothes with a good range of motion.

11 to 17 years: Mar 24, Sat, 10am-5pm Code: 4790.205
 Location: Trip meets at St. Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$30 resident / \$37.50 non-resident

No School Ski and Snowboard Trip

Do you have the day off from school and nothing to do? Hit the slopes at Loveland Ski Area! Trip pricing includes lift ticket, round trip transportation, and adult chaperones. Rental gear is available for additional costs. Already have a lift ticket? Call 303-774-4562 for alternate pricing.

12 to 18 years:
 Date/Time: Mon, Jan 16, 8am-6pm Code: 4790.110
 Fri, Mar 2, 8am-6pm Code: 4790.210
 Location: Trip meets at St. Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$50 resident / \$62.50 non-resident
 \$25 fee for rental equipment

Youth Ultimate Frisbee Tournament

Ultimate is a game that emphasizes personal responsibility for good sportsmanship coupled with fast and intense play. Grab your friends and enter as a team or enter individually and be placed with one. All skill levels are welcome!

12 to 17 years: Apr 21, Sat, 9am-3pm Code: 4790.206
 Location: Sandstone Ranch, 3001 E Highway 119
 Fee: \$12 resident / \$15 non-resident