

Beginning Ballroom for Couples

This is a fun, structured class for couples only, with an emphasis on correct technique. Class size is small and limited to enhance your learning and to feel more comfortable. You'll learn the art of leading and following, correct hold and posture, body mechanics and steps in the smooth Foxtrot, graceful Waltz, Rhumba and East Coast Swing.

14 to Adult: Wednesdays, 7-8 pm
 Dates: Jan 11-Feb 8 Code: 4000.101
 Feb 22-Mar 21 Code: 4000.102
 Apr 4-May 2 Code: 4000.201
 May 9-June 6 Code: 4000.202
 Instructor: Christian Thierens, aka "The Dancing Giant"
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Couple Fee: \$100 resident/\$125 non-resident

Ballroom 2 for Couples

A fun, structured class for couples only, with an emphasis on correct technique for those who have taken beginning ballroom class. The fee includes both partners.

14 to Adult: Wednesdays, 8-9 pm
 Dates: Jan 11-Feb 8 Code: 4000.111
 Feb 22-Mar 21 Code: 4000.112
 Apr 4-May 2 Code: 4000.212
 Instructor: Christian Thierens, "The Dancing Giant"
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Couple Fee: \$100 resident/\$125 non-resident

Dance Dimensions Classes

Dance Dimensions has a policy of allowing visitors to observe at the first and last class only. For ballet classes, ballet shoes and appropriate attire is needed for class: please no satin ballet shoes from discount stores as they do not fit properly. For Tap classes, no Highlight or Dancetime shoes will be allowed due to soft metal residue. For further clarification, please call Dance Dimensions at 303-772-3750.

Location: Dance Dimensions Studio, 638 Main St

Tiny Tutus

This class is a wonderful introductory dance experience for the very young student. Creative movement and basic technique will provide confidence, coordination, strength and fun! * No class March 30.

3 years: Fridays, 9-9:45 am
 Dates: Jan 6-Mar 9 Code: 4130.101
 Mar 16-May 25* Code: 4130.200
 Fee: \$98 resident/\$122.50 non-resident

Pre-Ballet and Tap

A fun class for the child whose feet are always moving. This class will introduce students to the basic techniques of tap and ballet, as well as rhythm and coordination. Tap shoes and ballet slippers are necessary. *No class March 30.

4 to 5 years: Fridays, 9:45 -10:30 am
 Dates: Jan 6-Mar 9 Code: 4128.101
 Mar 16-May 25* Code: 4128.201
 Fee: \$98 resident/\$122.50 non-resident

Pre-Ballet and Tumbling

A highly recommended, energetic class for the beginning of dance technique for the young student. Basic tumbling, ballet technique and creative movement will be the emphasis of this class. *No class March 30.

4 to 5 years: Fridays, 10:30 -11:15 am
 Dates: Jan 6-Mar 9 Code: 4129.101
 Mar 16-May 25* Code: 4129.201
 Fee: \$98 resident/\$122.50 non-resident

Rapunzel Princess Camp

This wonderful camp will include story and movie time, crafts and coloring, ballet and choreography. There will be a showing for friends and family the last 1/2 hour of the camp on Feb 18 and Apr 14. Each dancer will need ballet shoes (not slippers), leotard and tights, and a healthy snack and water.

4 to 6 years: Saturdays, 10-12 pm
 Dates: Feb 11-18 Code: 4114.101
 Apr 7-14 Code: 4114.200
 Fee: \$38 resident/\$47.50 non-resident

Cheer and Pom

Learn the basics of cheerleading in this fun non-competitive class. Skills learned include: pom dance skills, chant and cheer motions, safety with stunts, crowd involvement and performance skills. No prior cheerleading experience required. Please call 303-772-3750 for any additional information.*No class March 28.

6 to 11 years: Wednesdays, 4:15 -5:15 pm
 Dates: Jan 4-Mar 7 Code: 4113.102
 Mar 14-May 23* Code: 4113.202
 Fee: \$98 resident/\$122.50 non-resident

Hip Hop Jam Session

Come and experience an hour and a half of the newest in hip hop moves. Two levels are offered whether you are a beginner or have experience; the class will be challenging and lots of fun! Bring your friends and learn how to move for your next school dance.

10 to Adult: Code:
 Beginning: Jan 14, Sat, 10:30am-12pm 4105.100
 Apr 21, Sat, 10:30am-12pm 4105.200
 Intermediate: Jan 14, Sat, 1-2:30pm 4105.110
 Apr 21, Sat, 1-2:30pm 4105.201
 Fee: \$9 resident/\$11.25 non-resident

Adult Hip Hop

This is a fun, energetic, non-threatening class for adults. This class offers a get away to rock out to funky music and explore hip hop movement. Come and join the fun.* No class March 26.

18 to Adult: Mondays, 7:30 -8:30 pm
 Dates: Jan 9-Mar 5 Code: 4013.100
 Fee: \$90 resident/\$112.50 non-resident
 Dates: Mar 12-May 21* Code: 4013.200
 Fee: \$100 resident/\$125 non-resident



Beginning Latin Dance

If you're looking for a way to spice up your relationship, come experience the rhythms and culture of Latin America in this class. We will be learning the up beat Merengue, lively Cha Cha and the romantic Rumba. This is a fun class that is a great work out as well.

16 to Adult: Jan 20-Feb 17, Fri, 8-9 pm Code: 4047.101
 Instructor: Casablanca Dance Studio
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$45 resident/\$56.25 non-resident

East/West Coast Swing

East/West Coast Swing can be done to a wide variety of music including: Country, Rhythm and Blues and popular music. We will teach you basic steps and variations as well as some steps that will get you noticed on the dance floor. No experience necessary.

16 to Adult: Jan 20-Feb 17, Fri, 7-8pm Code: 4064.100
 Instructor: Casablanca Dance Studio
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$45 resident/\$56.25 non-resident

Wedding Dance Workshop

Are you getting ready for an upcoming wedding or cruise? Learn the basics of the elegant Waltz and the smooth Foxtrot – two of the most popular Wedding dances. If you have a song to dance to, please bring it to class on a CD. No experience necessary. Fee is per person.

16 to Adult: Fridays, 7-9 pm
 Dates: Feb 24 & Mar 2 Code: 4065.102
 April 20 & 27 Code: 4065.202
 Instructor: Casablanca Dance Studio
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$40 resident/\$50 non-resident



Beginning Country Dance

Get ready for the Country dance floor! We'll be learning all the basics for Texas Two-Step and Triple Step. In addition we'll be learning some couples dances like Cowboy Cha-Cha and Waltz Across Texas, so grab your boots and come join us. *No class March 30.

16 to Adult: Mar 9-Apr 13, Fri, 7-8 pm Code: 4022.202
 Instructor: Casablanca Dance Studio
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$45 resident/\$56.25 non-resident

Night Club 2-Step

This is beautiful slow dancing done to soft rock love songs, slow Latin, or slow contemporary music. It is romantic, simple, and easy to learn. *No class March 30.

16 to Adult: Mar 9-Apr 13*, Fri, 8-9pm Code: 4055.201
 Instructor: Casablanca Dance Studio
 Location: St Vrain Memorial Building, 700 Longs Peak Ave
 Fee: \$45 resident/\$56.25 non-resident



Register Early!

Classes are cancelled three business days prior to class start unless minimum enrollment is reached. Don't wait until the last minute to sign up for classes or you may miss out!

Mountainside Dance Academy Classes:

Dance Divas

Come and be a part of the new, high energy form of dance training. Students will be exposed to a variety of styles of dance and music. Weeks 1&2: Jazz/Musical Theatre, Weeks 3&4: Ballet/Lyrical, Week 5: Hip Hop, Week 6: Review and Showing (Family and Friends are welcome!)
 *No class March 31.

Day: Saturday
3 to 4 years: Mini Dance Divas
 Jan 14-Feb 18, 9:30-10:30am Code: 4137.101
 Mar 3-Apr 14*, 9:30-10:30am Code: 4137.202

5 to 7 years: Lil' Dance Divas
 Jan 14-Feb 18, 10:30-11:30am Code: 4137.111
 Mar 3-Apr 14*, 10:30-11:30am Code: 4137.211

Location: Mountainside Dance Academy,
 1822 Sunset Pl, Suite A
 Fee: \$65 resident/\$81.25 non-resident



Spring Break Dance Camp

Let this fun filled week be just the thing that keeps your kids busy and active! This camp offers the opportunity for children to be exposed to many different styles of dance, tumbling, music and movement. Being creative and using their imaginations in new ways will give your child a new freedom to really be who they are. Please bring a sack lunch. Boys are welcome!

5 to 8 years: Mon-Fri, 9am-12pm Code:
 Mar 26-30 4140.200

Location: Mountainside Dance Academy,
 1822 Sunset Pl, Suite A

Fee: \$135 resident/\$168.75 non-resident

Adult Hip Hop

This high energy class is a great opportunity to learn the latest in hip hop dancing as well as getting a great workout. It is full of fun, up beat dances accompanied by great music. Come and find your inner funk!

18 to Adult: Thurs, 7:30-8:30pm Code:
 Jan 12-Mar 1 4080.101

Location: Mountainside Dance Academy, 1
 822 Sunset Pl, Suite A

Fee: \$80 resident/\$100 non-resident