

Mountainside Dance Academy Classes

Dance Divas

Come and be a part of the new, high energy form of dance training. Students will be exposed to a variety of styles of dance and music. Weeks 1&2: Jazz/Musical Theatre, Weeks 3&4: Ballet/Lyrical, Weeks 5: Hip Hop, Week 6: Review and Showing (Family and Friends are welcome!)

Location: Mountainside Dance Academy,
1822 Sunset Pl, Ste A

Mini Dance Divas

3 to 4 years: Oct 1-Nov 5, Sat, 9:30 -10:30am Code: 4137.400

Lil' Dance Divas

5 to 7 years: Oct 1-Nov 5, Sat, 10:30-11:30am Code: 4137.410

Fee: \$65 resident/\$80.50 non-resident

Winter Wonderland Dance Camp

Get ready for the holiday season with this fun one day camp. Your children will enjoy a holiday themed dance class, a craft to take home, snack and a story while you take some time to get a head start on your holiday shopping. Students will get their choice of a hip hop or jazz class. Girls and boys welcome!

5 to 11 years: Dec 2, Fri, 5:30 -8:30 pm Code: 4140.400

Location: Mountainside Dance Academy,
1822 Sunset Pl, Ste A

Fee: \$25 resident/\$31.25 non-resident

Dance Dimensions Classes

Dance Dimensions has a policy of allowing visitors to observe at the first and last class only. For ballet classes, ballet shoes and appropriate attire needed for class: please no satin ballet shoes from discount stores. They do not fit properly! For further clarification, please call Dance Dimensions at 303-772-3750

Location: Dance Dimensions Studio, 638 Main St

Pre-Ballet and Tap

A fun class for the child whose feet are always moving. This class will introduce students to the basic techniques of tap and ballet, as well as rhythm and coordination. Tap shoes and ballet shoes are necessary.

4 to 5 years: Fridays, 9:45 -10:30 am
Dates: Sept 9 - Oct 28 Code: 4128.400
Fee: \$78 resident/ \$97.50 non-resident

Dates: Nov 4 - Dec 16 Code: 4128.402
Fee: \$59 resident/\$73.75 non-resident

Pre-Ballet and Tumbling

A highly recommended, energetic class for the beginning of dance technique for the young student. Basic tumbling, ballet technique and creative movement will be the emphasis of this class.

4 to 5 years: Fridays, 10:30 -11:15 am
Dates: Sept 9 - Oct 28 Code: 4129.400
Fee: \$78 resident/ \$97.50 non-resident

Dates: Nov 4 - Dec 16 Code: 4129.402
Fee: \$59 resident/\$73.75 non-resident

Tiny Tutus

This class is a wonderful introductory dance experience for the very young student. Creative movement and basic technique will provide confidence, coordination, strength and fun! Students are asked to wear ballet shoes and appropriate dress.

3 years: Fridays, 9-9:45 am
Dates: Sept 9 - Oct 28 Code: 4130.400
Fee: \$78 resident/\$97.50 non-resident

Dates: Nov 4 - Dec 16 Code: 4130.402
Fee: \$59 resident/\$73.75 non-resident



Rapunzel Princess Camp

This wonderful camp will include story and movie time, crafts and coloring, ballet and choreography. There will be a showing for friends and family the last 1/2 hour of the camp on Oct. 8. Each dancer will need ballet shoes (not slippers), leotard and tights, and a healthy snack and water.

4 to 6 years: Saturdays, 10 am-12 pm
Dates: Oct 1 & 8 Code: 4114.400
Fee: \$38 resident/ \$47.50 non-resident

Beginning Ballet

Ballet classes help develop strength, coordination and body placement. Basic technique, movement and terminology will be explored, as well as basic barre work.

6 to 8 years: Nov 4 - Dec 16, Fri, 5:15-6pm Code: 4100.401
Fee: \$59 resident/ \$73.75 non-resident

Hip Hop Jam Session

Come and experience a fun hour and a half of the newest in hip hop moves, whether you are a beginner or have some experience. Bring your friends and learn how to move for your next school dance!

10 to Adult: Sept 24, Sat, 10:30-12:00 pm Code: 4105.400
Fee: \$8 resident/ \$10 non-resident

Light Fantastic Jazz for Adults

This is a beginning to intermediate class that will have a traditional jazz class format with compelling music, fun combinations and a tolerant understanding of physical restrictions. There will be a Pilates inspired core strengthening segment included in the class.

18 to Adult: Wednesdays, 10-11:15 am
Dates: Sept 7 - Oct 26 Code: 4014.401
Fee: \$80 resident/ \$100 non-resident

Dates: Nov 2 - Dec 14 Code: 4014.402
Fee: \$60 resident/ \$75 non-resident

Adult Hip Hop

A fun, energetic, non-threatening class for adults! This class offers a get away to rock out to funky music and explore hip hop movement. Come and join the fun.

18 to Adult: Mondays, 7:30 -8:30 pm
Dates: Sept 12 - Oct 31 Code: 4013.401
Fee: \$80 resident/ \$100 non-resident

Dates: Nov 7 - Dec 12 Code: 4013.402
Fee: \$60 resident/\$75 non-resident

Hip-POP

Do you have the "Bieber Fever"? Do you like to listen and dance to today's POP/Hip hop music by Justin Bieber, Miley Cyrus, Beyonce and Rihanna? If so, this is the class for you! Hip-POP focuses on technique and specific moves set to today's POP music. Learn a fun, choreographed routine to up-beat music, and prepare to get your "boogie-on"! All levels are welcome and spectators are welcome to observe the first day of class and final class, when students will showcase what they have learned. *No Class Oct 31.

5 to 9 years:
Sept 12-Nov 7*, Mon, 6-6:55pm Code: 4103.401

10 to 15 years:
Sept 12-Nov 7*, Mon, 7-7:55pm Code: 4103.402

Instructor: Meshane Figueroa

Location: Longmont Recreation Center, 310 Quail Rd
Fee: \$72 resident/\$90 non-resident

Beginning Ballroom for Couples

This is a fun, structured class for couples only, with an emphasis on correct technique. Class size is small and limited to enhance your learning and help you feel more comfortable. You'll learn the art of leading and following, correct hold and posture, body mechanics and steps in the smooth foxtrot, graceful waltz, rumba and east coast swing. *No Class Nov 23. The fee includes both partners.

14 to Adult: Wednesday, 7-8 pm
Sept 7 - Oct 5 Code: 4000.400
Oct 12 - Nov 9 Code: 4000.401
Nov 16 - Dec 21* Code: 4000.402

Instructor: Christian Thierens, aka "The Dancing Giant"
Location: St Vrain Memorial Building, 700 Longs Peak Ave
Fee: \$100 resident/\$125.00 non-resident per couple

Ballroom 2 for Couples

A fun, structured class with an emphasis on correct technique for couples only, who have taken Beginning Ballroom for Couples. The fee includes both partners.

14 to Adult: Wednesdays, 8-9 pm
Dates: Sept 7 - Oct 5 Code: 4000.410
Oct 12 - Nov 9 Code: 4000.411
Nov 16 - Dec 21 Code: 4000.422

Instructor: Christian Thierens, aka "The Dancing Giant"
Location: St Vrain Memorial Building, 700 Longs Peak Ave
Fee: \$100 resident/\$125.00 non-resident

Belly Dance Basics for Fitness & Beyond

Belly dance is a wonderful way to exercise and tone your body. Develop better body awareness, posture, strength, and grace in this 6 week class. Learn many basic moves, and how to use basic moves to build combinations. Wear something easy to move in. Some hip scarves & veils available, or bring your own. No dance experience is necessary.

16 to Adult: Mondays, 7-8 pm
Dates: Sept 12 - Oct 17 Code: 4016.400
Oct 24 - Dec 5 Code: 4016.402

Instructor: Edna Hetchler
Location: St Vrain Memorial Building, 700 Longs Peak Ave
Fee: \$60 resident/ \$75 non-resident
Drop in Fee: \$12 resident/\$15 non-resident

Casablanca Dance Studio Classes

Instructor: Casablanca Dance Studio
Location: St Vrain Memorial Building, 700 Longs Peak Ave
Fee: \$45 resident/\$56.25 non-resident

Beginning Latin Dance

If you're looking for a way to spice up your relationship, come experience the rhythms and culture of Latin America in this class. We will be learning the up beat Merengue, lively Cha Cha and the romantic Rumba. This is a fun class that is a great work out as well.

16 to Adult:
Sept 16 - Oct 14, Fri, 7-8 pm Code: 4047.400

Country Dancing

Get ready for the Country dance floor! We'll be learning all the basics for Texas Two-Step and Triple Step. In addition, we'll be learning some couples dances like Cowboy Cha-Cha and Waltz Across Texas, so grab your boots and come join us.

16 to Adult:
Sept 16 - Oct 14, Fri, 8-9 pm Code: 4022.400

Night Club 2-Step

This is a beautiful slow dance done to soft rock love songs, slow Latin, or slow contemporary music. It is romantic, simple, and easy to learn. *No class Nov 25.

16 to Adult:
Oct 28 - Dec 2*, Fri, 7-8 pm Code: 4055.400

Swing

Swing is lively, up-beat and done to a wide variety of music. In this class we'll be learning Jitterbug swing which is the simplest and easiest to do. We'll be dancing to Big Band, Popular, and Country music. *No class Nov 25.

16 to Adult:
Oct 28 - Dec 2*, Fri, 8-9 pm Code: 4064.400

Thriller Workshop

In tribute to Michael Jackson we are offering his signature line dance just in time for the "Thrill The World" event.

16 to Adult: Oct 21, Fri, 7-9pm Code: 4065.401
Fee: \$20 resident/\$25 non-resident

